

This Week

A Troubadour comes to Town

Program Host: Dennis Mehringer

Put aside the rumors you have heard and be prepared for one of the most entertaining programs in recent memory. Theo Clarke is a troubadour! He will regale you with a few stories, and play a few numbers.

Clarke has been taking weekly violin lessons since 1976. He once brought down the house on a hillside on Bald Mountain when he combined real life stories with fiddling at a blue grass fiddle contest several years ago. You'll hear the story and the number *Billy in the Low Ground*. His devotion to fiddling broke up his second marriage. He'll play *Oh Danny Boy* to commemorate that blessed event.

He entertained Christmas parties at JPL for years. You'll hear the story of how it came about after three years of being locked out of the party venue. *Blueberry Hill* commemorates it.

The violin he plays was his father's, who entertained his mother with it 90 years ago. In May of this year, he stood in the Vienna Woods. He will play *Tales*

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Scout's Honor
 by Charlie Wilson,
 President

Growing through Gardening

From an article by Richard Romney, Scouting Magazine

Cultivating a garden, whether downtown or in the country, can be a fun learning experience for the whole family.

Ask the Randy and Brenda Ririe family which vegetables they grow, and their first response will be "potatoes." That's because, right now, their 300-acre farm outside Basin City, Wash., includes acres of them, plus lots of other vegetables. But in addition to these fields of crops for market, they also have a 25-by-25-foot vegetable garden just for the family.

Ask the Scott and Laurie England family which vegetables they grow, and they'll take you to the backyard of their suburban home in East Mill Creek, Utah. There, between the lawn and the fence, Laurie will show you a well-organized 20-by-50-foot garden, complete with a drip irrigation system and a compost bin.

A bountiful harvest

Both of these couples have something besides gardens in common – they have

children, too. Their two older children are grown, but the Riries still have a 14-year-old and 9-year-old at home. The Englands have four children from ages 8 to 14.

In both families, the children will tell you that they have learned more than gardening skills by helping with their family's garden.

"We've learned about teamwork," says Stephanie Ririe, 14, "because a couple of us working together can get a lot more done than one person working alone. When there are two of us, we can make it fun."

Whitney England, 13, says she has learned the value of listening to instructions. "My mom really knows about gardening," she says. "So when she tells us what to do,

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Greeter of the Week

June 15

Mike Zoeller

June 22

Ruben Alvarado

June 29

Demotion Party - Evening Event July

Program Review

Awards Season Continues The Pasadena City College Vocational Awards



For the months of May and June each year, the Rotary Club of Altadena

hands out recognition and monetary awards

to outstanding recipients in the Altadena and Pasadena communities. One of the highlights of each spring is the Pasadena City College Vocational Awards event. At this event, the club recognizes outstanding students in a number of vocational categories from PCC. The recipients are chosen by the faculty of the various disciplines. This program has been a tradition at Altadena Rotary for over 35 years. This last Thursday was the latest rendition of this noteworthy event and the club recognized over twenty outstanding students. Each student was given a check for \$150.00 and a plaque to memorialize his/her achievement. One of the nice features of the day is the wonderful speeches given by the attending faculty members and the receiving students.

The outstanding students by category were as follows:

Automotive: Andres Diaz-Soto

Electrical Technology: Davis Li

Engineering: Charles Song

Welding: Linda Cheung

Medical Assisting: Claudio Lopez

Dental Assisting: Michelle Ha

Radio Production: Daniel West

Television Production: James Molina

Restorative Dental Technology: Huong Thi Thanh Nguyen

Radiologic Technology: Victor Gamboa

Dental Technology: Eiman Elawady

Business Division: Jordan Aquiningoc
Stephanie Nemeth-Brawley

David Day

Margarita Munoz

Matthew Schulte

Idir Tameriou

Barry Morales

Joseph Rostomian

Keanu Taylor

The PCC Vocational Awards program is one of the great traditions of the Rotary Club of Altadena

Boyd Hudson

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Rotary Club of Altadena - #7183

Chartered: February 14, 1949

P.O. Box 414, Altadena, CA 91003

www.altadenarotary.com

Meets: Thursday, 12:10p

Altadena Town & Country Club

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Tony Hill.....Youth Contests/Awards

Mike Zoeller.....Youth Projects

Ray Carlson.....Vocational

Tom McCurry.....Asst. Vocational

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June

Rotary Fellowship

Program Chair, Dennis Mehringer

June 15 - A Troubadour comes to Town

June 22 - To be Announced

June 29 - Demotion Party - Evening Event

July

New Rotary Year

Program Chair, Kimmit Haggins

July 06 - Club Assembly

July 13 - To be Announced

Congratulations



Birthdays



06/03 - Kathleen Fennel

06/08 - Theo Clarke

06/12 - Tom McCurry

06/17 - Gary Clark

06/20 - Dotty Clarke

06/23 - Margarita Figueroa



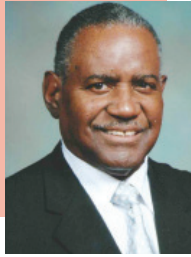
Anniversaries



06/05 - Mike & Wendy Davis Noll

06/18 - Charles & Regina Wilson

Rotary Fund and Share



Your gift to the Annual Rotary Foundation Fund helps Rotary clubs take action today to create positive change in communities at home and around the world.

Your contributions help us strengthen peace efforts, provide clean water and sanitation, support education, grow local economies, save mothers and children, and fight disease.

Every Rotarian Every Year

The Every Rotarian Every Year initiative asks every Rotarian to support *The Rotary Foundation* every year. In addition to contributing to the Annual Fund on a regular

basis, members are encouraged to get involved in a Foundation project or program.

Give Now SHARE and District Designated Fund

Through the SHARE system, contributions to *The Rotary Foundation* are transformed into grants that fund local and international humanitarian projects, scholarships, and activities, such as vocational training teams. At the end of every Rotary year, contributions directed to the Annual Fund-SHARE from all Rotary clubs in the district are divided between the World Fund and the District Designated Fund, or DDF.

At the end of three years, your district can use the DDF to pay for Foundation, club, and district projects that your club and others in the district choose. Districts may use up to half of their DDF to fund district

grants. The remaining DDF may be used for global grants or donated to PolioPlus, the Rotary Peace Centers, or another district.

District officers are encouraged to monitor their district's DDF availability and activity by viewing the SHARE Contribution Detail Report and Available DDF by District Report via their My Rotary account.

Download the DDF Donation Form for Rotary Foundation Funds

World Fund

The World Fund provides the necessary funding for our highest priority activities around the globe. While 50 percent of SHARE-designated contributions are applied to the World Fund, you can also direct your entire gift to the fund. The Foundation uses the money to pay for grant and program opportunities available to all Rotary districts. ○

Our Three Newest Members



(l to r) Doug Colliflower w/Craig Cox & Charlie Wilson • Ruben Alvarado w/ Mike Zoeller • Tom Surnock w/ Sarah O'Brien

Scout's

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we know we need to do it.”

Laurie England says she goes out of her way not to demand too much. “Gardening is what I love,” she explains, “so I want it to be fun for the children, not overwhelming.” While she and Scott do the heavy work, “we have the children help with the planting, some of the weeding and hoeing, and with the harvesting — things where they can see immediate results.”

What's in your garden?

If you were asked which vegetables you were growing and your answer was “none,” perhaps you might want to reconsider.

Both the Riries and the Englands have found that growing a garden can be a great family activity. The good news is that there's plenty of help available for would-be family gardeners. And even if you live “in a house or apartment with only a balcony, patio, or roof area for gardening,” as the publication *Gardening in Containers* (Ortho Books, 1997) puts it, “you can develop your horticultural skills and please your palate with an edible garden in containers.”

It is impossible to list everything about getting started in gardening in a short article, but here are few tips.

Grow at your own speed

There's some truth to the joke that, even if you don't know beans about gardening, you can always grow tomatoes and zucchini. Simply put, certain vegetables thrive more easily than others.

“We've found that some of the most

reliable crops are beets, chard, cucumbers, green beans, leaf lettuce, parsley, peppers, radishes, summer squash, and tomatoes,” writes co-author Michael MacCaskey in *Gardening for Dummies* (Dimensions, 1999).

It's a good strategy to start with plants like those first to learn what you're doing. If you've never had a garden, you and your children may be perfectly happy growing a couple of cucumber vines and two or three tomato plants. Then, when you have confidence, try something new.

Plan for a day in the sun

Vegetables grow best in an area where they can get six to eight hours of direct sun. In *Gardening for Dummies*, Michael MacCaskey recommends running rows of vegetables east to west, with the tallest plants on the north end. If your apartment has no balcony, you may still be able to use a *grow light* to raise a few plants indoors.

Start small; grow tall

Even buckets on a porch can produce quite a bit of produce. However, a 12-by-16-foot plot can provide more variety, while a 20-by-20-foot garden accommodates plants that need extra space, like winter squash and corn. Three-foot-wide plant beds separated by 18-inch paths are about right.

There are many techniques for building raised plant beds. Laurie England likes to leave the pathways in her garden untilled and unwatered, which reduces work and weeding. Some plants will grow on trellises or poles, and, with a little help, they can be trained to grow vertically.

Avoid too much water

A common gardening problem is over-watering. Tomatoes, in particular, don't respond well to being *drowned*. Your plants

will do best if the soil drains well. Once the vegetables are established — unless the weather is really hot — you may only need to water deeply once or twice a week.

Think things through

Many tasks in gardening are easier if you do them at the right time or regularly. For example, fall is the best time to break new ground and enrich soil for spring planting. That way, organic soil enrichers like compost, manure, and peat moss have time to blend in over the winter.

Weeding and fertilizing, like watering, are best managed with a schedule. Be wise in using insecticides — many require a waiting period before you can safely eat treated food.

Also remember to accommodate the growing season. Plant too early, and you may lose vegetables to frost. Plant too late, and you may not have time to harvest before winter. Where growing seasons are short, start seedlings indoors or buy them from a nursery. In warmer climates, plan for two or more growing seasons in a year.

Show you care—and share

Both the Riries and the Englands say that, “If you grow your garden as a family activity, your kids will eat it up. Let them pick which vegetables they'd like to eat. Remind them during dinner that they helped grow what's in their soup or salad.”

Plant fun plants — like cherry tomatoes or strawberries — that the kids can eat for a healthy after-school snack. Enter what you've grown in the county fair. Make that gigantic zucchini into zucchini bread and take it — as a family — to the neighbors. If you have lots of extra vegetables, share them around as well, or take them to a food bank.

If you and your family invest the time and energy, it may soon be the case that no one will have to ask you which vegetables you grow. You will have already told them all about it.



Program

Continued from p.2



Automotive - (l to r) Andres Diaz-Soto and Wedy Lucko, Instructor



Welding - (l to r) Wendy Lucko, Eng. & Tech. Div. and Linda Cheung



Medical Assisting - (l to r) Claudio J. Lopez and Blanca S Rodriguez, Instructor



Dental Hygiene - (l to r) Eiman Elawady and Beverly Legg, Program Director



Dental Assisting - (l to r) Denise Romero, Instructor and Michelle Ha



Radio Production - (l to r) Sarah Barker, Instructor and Daniel West



Television & Radio - (l to r) Barbara Naylor, Instructor and Erika Gonzalez



Television Production - (l to r) Ed Lowrie, Instructor, and James Molina



Restorative Dental Technology - (l to r) Anita Bobich, Instructor and Kate Nguyen

Program

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Congratulations to the PPC Vocational Students

Radiologic Technology - (l to r) Barbara Kissel, Instructor and Victor Gamboa



Business - (front) Dan Raddon, Instructor; (back) (l to r) Matthew Shults, Margarita Munoz, Stephanie Nemeth-Brawley, Idir Tameriout, Keanu Taylor, Ahni Dodge, Instructor

This Week

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of the Vienna Woods. He will play *Don't Cry for Me Argentina*, and you will gasp at the story associated with it.

You are urged to bring potential members to this program. You and they will talk about it for years. Membership could leap 20 percent. See you there. ○

District Conference Awards



Vocational (l) went to Ray Carlson • International went John Frykenberg

A Projects Award for the Club (l) • The Club Foundation Award went to Dennis Mehringer for helping other members get their PHs

Serving Lunch at the Altadena Library Grand Re-Opening

On June 10, several members of the club gathered in the Altadena Library parking lot to set up and prepare to provide a hot dog lunch for up to 1000 people.

The members came and went in accordance with the shifts they had signed up to fill. In the end, we sold over 700 lunches, which included a hot dog in a bun, a choice of client-applied condiments – mustard, relish, cat-sup – choice of a variety of chips, a choice of power bar and a soft drink of choice. And the price of all this was a whopping \$1.

The club members in attendance were: first and foremost David Smith, who set up the grills and did most of the hot dog cooking. Sue Applegate was in charge of taking the money and making change. Doug Colliflower handed out foil-wrapped hot dogs in a bun with a plate and napkin, and Craig Cox was in charge of helping clients decide which chips they wanted, pointing out the three flavors of the power bars and sending them on to pick out their canned soda.

Behind the scene, Mike Zoeller, Steve

Kerekes, Ed Jasnow, Mendel Hill and Kimmet Haggins put hot dogs in buns and wrapped them in foil for placement in a chafing dish to keep them warm. Tom Surnock helped with the hot dog cooking and replenished the soft drinks in the ice-water-filled barrels. Mark Mariscal did double duty of helping at our stand and fulfilling various library duties. And I helped out in various locations and took pictures.

Cleanup took about a half hour, and we left about 1:30p.

Apologies if I missed someone. ○





All concerts are FREE and start at 7:00 PM in the Amphitheater at Farnsworth Park.
 568 East Mt. Curve Ave., Altadena, CA 91001 for information: 626-798-6335
 Visit: <http://www.altadenasheriffs.blogspot.com>

21st Annual Summer Concert Series Schedule - 2017

The Saline Fiddlers Philharmonic	Saturday, July 8th
The Down Beat Express	Saturday, July 15th
Bleeding Harp	Saturday, July 22nd
Whos Next	Saturday, July 29th
The Tuners	Saturday, August 5th
Upstream	Saturday, August 12th
Kings of 88	Saturday, August 19th
Nowhere Man	Saturday August 26th

And... For Our Grand Finale... Saturday, Sept. 9th
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