

## This Week

### PCC Annual Vocational Awards

Program Host:  
**Dennis Mehringer**

This week will be Altadena Rotary's annual PCC Vocational Awards program. It has been over 50 years that we have honored the best vocational students at Pasadena City College.

#### The Awardees are

Automotive - Andres Diaz-Soto ••  
 Electrical Technology - Davis Li ••  
 Engineering - Charles Song ••  
 Medical Assisting - Claudio Lopez ••  
 Dental Assisting - Michelle Ha ••  
 Welding - Linda Cheung ••  
 Radio Production - Daniel West ••  
 Television Production - Erika P. Gonzalez ••  
 Television Operations - James Molina ••  
 Restorative Dental Technology - Huong (Kate) Thi Thanh Nguyen ••  
 Radiologic Technology - Victor Gamboa ••  
 Dental Hygiene - Eiman Elawady ••  
 Business Division - Jordan Aquiningoc, Stephanie Nemeth-Brawley, David Day, Margarita Munoz, Mathew Schults, Idir Tameriout, Barry Morales, Joseph Rostomian



I hope to see you all at this meeting to honor these fine students and their outstanding instructors. ○



**Scout's Honor**  
 by Charlie Wilson,  
 President



## Dealing with Sibling Rivalry & Quarrels

From an article by Victor Parachin, October 2000, Scouting Magazine

### Statement of the Problem

*"I am the father of two children, ages 10 and 13. Although they are both basically good youngsters, at home they are constantly arguing and bickering with each other. Is there anything I can do to help them get along?"*

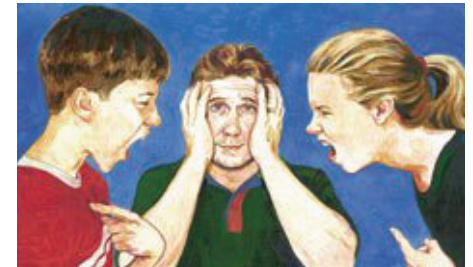
*"As the mother of a son and a daughter who are just about one year apart, I feel like I spend half my life disciplining one or the other. Is there a better way of handling these sibling issues?"*

### Possible Solutions

These laments, expressed by a father and a mother to a counselor, convey the frustration of many parents. Even from the earliest years, siblings demonstrate a remarkable ability to bicker, banter, tease, and even torment each other.

It's estimated that almost 80 percent of us grow up with at least one brother or sister, making sibling relationships among the most formative and important that we will ever have. In fact, Washington, DC-based family therapist Karen Gail Lewis

declares: "Your sibling relationship is your first marriage. It's that important. After all, your siblings are the first peers that you live with on an intimate basis."



Furthermore, the lessons learned in the home concerning sibling relationships can set the pattern for how we relate to other people throughout our lives. While siblings will inevitably have differences of opinion, taste, and style, their attitudes and behavior

**Please turn to Scout's p. 4**

### Greeter of the Week

June 08

**David Smith**

June 15

**Mike Zoeller**

June 22

**Ruben Alvarado**

# Program Review

## Dion Neutra makes a Return Visit Welcome Back!



**W**e enjoyed  
a return  
visit from

Dion Neutra, Executive Consultant and Project Director for the Neutra Institute for Survival Through Design. Neutra gave us an update on the

Neutra Institute and reminded us of the many accomplishments of the Neutra Architectural firm. These accomplishments encompass the design of buildings on 11 islands scattered around the world, among many other accomplishments.

The Neutra firm was very forward-thinking in their design concepts, which, in modern terminology, would be considered *green building* concepts. These *green building* concepts have made their way into the building codes for commercial buildings throughout much of California and other parts of the US.

These concepts include:

- Expanded use of daylight to provide interior lighting,
- Water runoff control through cisterns, and
- The use of practical building materials were very much a part of the practice, even going back to the 1920s.

Neutra, now in his 90s, is still very active in the Institute and continues to author books on architecture. He is an ar-



dent champion of the concept of Survival through Design.

As a fan of the modern Green Building movement, your author was fascinated at the forward-thinking practices of the Neutra firm, especially since they dated back to the 1920s.

**Tom McCurry** ☉

*For Presentation Illustrations,  
Please turn to p. 6*

Sparks is published 48 weeks a year and is the official publication of the Rotary Club of Altadena. The deadline for submission of articles is Friday at 6p to current editor email, fax, or delivery.

### Rotary Club of Altadena - #7183

Chartered: February 14, 1949

P.O. Box 414, Altadena, CA 91003

www.altadenarotary.com

Meets: Thursday, 12:10p

Altadena Town & Country Club

2290 Country Club Drive • Altadena, CA

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Craig Cox .....Community

John Frykenberg .....International

Tony Hill .....Youth Contests/Awards

Mike Zoeller.....Youth Projects

Ray Carlson .....Vocational

Tom McCurry .....Asst. Vocational

Editor, Design & Typesetting.....Foreman Graphics

Photography.....Jacque Foreman

### June

#### Rotary Fellowship

*Program Chair, Dennis Mehringer*

June 08 - PCC Vocational Awards

June 15 - To be Announced

June 22 - To be Announced

June 29 - Demotion Party - Evening Event

### July

#### New Rotary Year

## Congratulations



### Birthdays



06/03 - Kathleen Fennel

06/08 - Theo Clarke

06/12 - Tom McCurry

06/17 - Gary Clark

06/20 - Dotty Clarke

06/23 - Margarita Figueroa



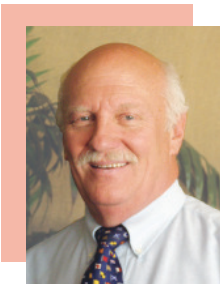
### Anniversaries



06/05 - Mike & Wendy Davis Noll

06/18 - Charles & Regina Wilson

## From Russia with Love . . .



I remember when James Bond once got married to Dianna Rigg, and, just as he embraced her, she was hit by an assassin's bullet, only to die in his arms. I felt like crying, but it was only a movie after all! Not too much reality there to shake my resolve to see James fight and shoot on another day. After all, it was *From Russia with Love!*

"Just the facts mam" Sargent Friday used to say.

Nowadays we get to pick our facts, factoids, fakes and fantasies to fit! ... Kind of like the Russian scenario in the news headlines every day for the past month.

Fact or fancy; Trump or Hillary? Where's the beef? Lots and lots of speculation, but no real facts that I am aware of other than folks talked through *back channels*; ostensibly about 'blowing up the world' or getting updates on 'pork bellies futures.' It is hard to say. Still no real evidence of malfeasance.

When Dr. Zhivago wintered in the *Ice Palace* in Varykino, we did not think there was a more romantic place in the entire world, replete with horse and sleigh and kisses to make your toes tingle in the long Russian winter!

The truth of course is that the nobility and Romanovs were shot to death; the US

backed White Russians were obliterated by the Bolsheviks along with the Kulaks in the 1920s because Stalin didn't think they grew enough wheat to feed the *workers of the world*. Then, of course, there was the Ukrainian genocide no one talks about that resulted in five million people being starved to death.

Or do you remember the British light infantry who made a noble but calamitous *Charge of the Light Brigade* in the Crimea against Russian heavy batteries only to disappear from the face of the earth ... even as Florence Nightingale offered *Tea and Sympathy* to the troops as the most popular nurse in the history of warfare.

What to say? Russian serfs, Jews ousted in pogroms, 20 million dissidents who met a fatal end in the Gulag Archipelago and, of course, misery spread for 80 years by the great Red Tide have brought tears and sorrow enough for many lifetimes to the Russian people and others out of their noble desires to live in communes and share and share alike.

Ah, Russia's eternal quest for a warm water port in Crimea and Syria to get away from the ice and snow! The Ruskiies were never really going to *give up* these vacation spots to any other nation.

For all of the fear of the Red Scare of 1919 and subsequent House on UnAmeri-

can Activities Committee and rise of Joe McCarthy in the 40s and 50s and fright and eventual defeat of Russia in the Cold War; the *Great Russian Bear* is somehow still able to raise its fearsome claws! Russia, apparently is still influential enough to get Hillary Clinton a majority of the US popular vote ... without actually putting her in office!

Let me see now, our ally in two world wars is now our *greatest enemy* by proclamation by the punditry of the main stream media? Is that right? So let us examine the evidence. Yes, the sale of 20 percent of our uranium assets by Trump? Oops, that was Hillary. How about those Russian *speaking fees*? The list of improprieties is a long one and in no need of reiteration here.

What about common foes? Oh, Russia is also threatened by ISIS? Is that so? They have terrorists too? They even warned us about the Tsarnaev brothers in the Boston bombing? Well, I'll be.

I have lived the majority of my life under the Red Sprctre, practiced hiding under school desks, going into other peoples fallout shelters, watching *Dr. Strangelove* and now it turns out we have another mortal enemy?...radical Islam instead!

I am so confused. At least Wonder Woman knew who her enemy was ... Unfortunately, it turned out to be Aries. I think I am an Aries!

# Scout's

*Continued from p. 1*

toward each other can be shaped in healthy ways. Here are some effective strategies for dealing with sibling rivalry and quarrels.

## ***Having peace and quiet is not your only goal.***

The purpose of positively managing sibling rivalry and quarrels is not only to have peace and concord in the home while children are growing up but also to lay the foundation for their future adult relationships.

Dr. Wade F. Horn, a clinical child psychologist and president of the National Fatherhood Initiative located in Gaithersburg, Md., tells why this is important.

"Siblings can provide us with support, encouragement, friendship, and camaraderie — not just as children but also as adults. Indeed, adult happiness is largely dependent upon a supportive network of extended family, the seeds for which are sowed in the day-to-day interactions of siblings during childhood."

Let your parenting of siblings be guided and motivated by this reality: Your effort will enable children to grow up to see each other not only as brothers and sisters, but to count on each other as the closest of friends.

Consider sisters Alexandra and Caroline Paul. Alexandra is an actress who appears regularly on television while Caroline is a San Francisco firefighter and author of an acclaimed memoir, *Fighting Fire*. The two were always close as children, and that bond has tightened even more now that they are adults.

Alexandra explains, "I had a boyfriend

who said I would never need anybody as much as a regular person does because I have my sister (Caroline), and I think he was right. I'll always have her, even if everything else goes badly. She means everything to me."

## ***Be a coach, not a referee***

That advice is offered by Elizabeth Crary, au-

be taught to say: 'Don't poke me. It hurts.' Or, 'I'm not finished playing with this.' Become your child's coach as opposed to his or her referee."

Rather than simply becoming an arbitrator over children's conduct, then, parents should give children options and help them understand the consequences.

Crary cites this type of example: Tell your 5-year-old that he can choose where he wants to color. If he stays on the floor, the baby might interfere, but if he moves to the table, the baby can't reach him there.

"Resolving problems is easy when kids stop needing to come to you for help,"

Crary says. "Instead, a child can ask his sibling directly: 'I asked you to stop poking me and you are still doing it. What do you want?' The other child might want him to move over or play with him. It's important to encourage children to begin communicating in order to start the problem-solving process."

## ***Treat children uniquely, not just equally***

Because all children are different and have differing interests and abilities, it is important for parents to reduce potential negative rivalry by allowing each child's interests and talents

to emerge naturally. Each child must be treated and responded to as the unique individual he or she is.

"Don't force the younger to do what the older does even when it's easier to take

*Please turn to Scout's, p. 5*

*Sparks - Altadena Rotary Club Newsletter*



# Scout's

*Continued from p. 4*

them all to the same soccer field," says Linda Dunlap, chairwoman of the psychology department at Marist College in Poughkeepsie, NY. That is sound advice which is effective in reducing unhealthy rivalry.

Janice, a mother of five from southern California, says, "Sure, my life would be a lot simpler if I took all five to the same athletic activity after school. But the fact is two of my sons love to play roller hockey, one son is an avid baseball player, and my two daughters are into soccer.

"While after-school hours and early evenings are very hectic for me chauffeuring them to their various sports sites, the children are all happier because they are engaging in activities they have chosen and which they truly enjoy. Also, they are supportive of each other's sports activity. They go to each other's games as often as possible, cheering their brothers and sisters on."

## ***Never compare your children***

### ***as a way to motivate them***

Some parents use comparison tactics like these:

- Joey keeps his room neat and clean. Why can't you do it?
- Cathy is able to get all As and Bs on her report card, so why can't you get your grades up?
- Trevor always does his chores every Saturday morning. What is your problem?
- Your brother is a natural athlete, but you seem to struggle with sports.

While it is tempting to use comparison as a tool for motivating children, the tactic usually fails and only creates resentment and

more rivalry between children.

## ***Avoid assigning rigid roles***

Child psychologists and marriage counselors caution parents against inadvertently assigning roles to children – David is the writer in the family; Isabel is the artist. Or, Jimmy is a natural athlete; Jessica is our studious

one. The fact is, no child has a corner on any endeavor, so it is better to simply encourage children in all their unique pursuits and interests.

## ***Creatively channel competition***

Siblings are naturally competitive. While unrestrained sibling rivalry can be unhealthy, competition which is shaped and channeled can teach kids how to achieve their potential.

Ski champions Phil and Steve Mahre are good examples of this principle. Each twin pushed, prodded, and challenged the other. The result was both won Olympic medals. On their way to becoming Olympic

champions, they encouraged and helped each other as well, passing along tips that would help the other do his best. A recent photo of the two brothers – now retired from competitive skiing – shows them facing each other across a chessboard ... still competing!

## ***In general, avoid taking sides or assigning guilt***

This is the approach endorsed by Nancy Samalin, founder and director of Parent Guidance Workshops in New York and the author of several parenting books.

"Don't take sides. When you take sides, you set up a new fight," Samalin says. As a parent and counselor, she knows it takes two to pick a fight, and parents simply waste a lot of time and emotional energy trying to establish who is at fault. "You can twist yourself into a pretzel trying to figure out who's guilty," she says.

Of course, when an argument escalates into harsh and abusive language or becomes physical, parents do need to get involved. Samalin also advises parents to monitor sibling relationships in order to better know when to intervene.

"When there is unremitting hostility between siblings ... if there are no good times at all ... if there's no loyalty, [or] if brothers and sisters never stick up for each other, I'd look at the relationship more closely."

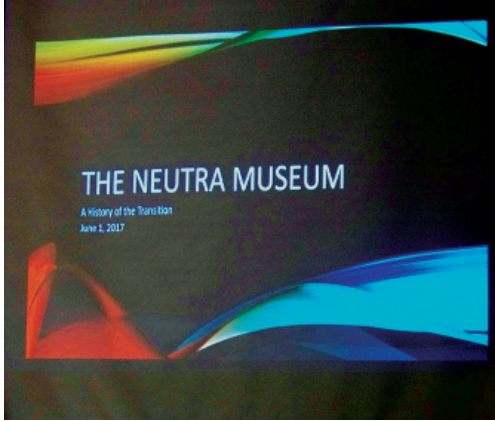
Finally, lighten up your parenting role by smiling and laughing a little more.

"Unfortunately, I saw parenting more as a job than as a pleasure," recalls Samalin. "I failed to realize how much of their childish behavior and silliness was perfectly normal. Today I realize how much easier life would have been for my sons and me if I had learned to lighten up. That didn't mean giving up appropriate limits or necessary rules, but not everything had to be so deadly serious." ○



# Neutra Presentation

Continued from p. 2



## INSIDE ALTADENA LIBRARY

# Enjoy an All New Customer Experience at the Library!

The shelving, carpeting, furniture, and entrances are not the only areas of the library to be upgraded in our recent renovation – library staff have also enhanced the service model as well, providing a new and engaging customer experience. This new experience allows for more library staff members on the floor to help patrons, freshly organized collections, exciting new displays, self-service checkout machines, and innovative new programs for the community.

“What we really want to do,” says Library Director Mindy Kittay, “is put our staff in a position to more effectively engage with members of the community – whether that’s helping patrons find resources in the library, providing outreach to areas of the community where we can fulfill a specific need, or partnering with members of the public to provide amazing new programs and opportunities.”



This level of service starts at the library’s front door. The first thing you may notice upon visiting the main library is the increase in staff members available to help our customers. We’re not just behind the main desk anymore – we are out in the book stacks working on the collection, we are on the main floor conversing with patrons, and we are greeting each visitor as he or she arrives, so that we can meet customer needs as efficiently as possible.

Need help finding the travel books in our new arrangement? No problem! You can check in at the “Welcome Perch” or inquire at the new Information Desk. Or you can ask any of the staff members working the floor. With our new service model, there are multiple avenues for one-on-one service with a staff member.

Or – if you prefer – you can help yourself! Two library catalog computers are located at the information desk. Books and audiobooks that customers have placed on hold can be picked up by the customer at our self-service HOLDS pick-up shelf, behind the Information Desk. And finally, in order to protect the privacy of borrowers and to allow library staff to work out on the floor and interact with patrons in more meaningful ways, the Altadena Library has shifted to self-checkout as the primary way for patrons to borrow items.

Through this new service model, library staff are now free to provide a more thorough and intimate level of one-on-one service to customers in all areas of the library. Not only can we help you find books on the shelves, but we can also help you find the next wonderful book, movie, CD, or audiobook that suits your interests. Working on a research project? We can point you toward the most helpful resources and online databases. Want to know what’s new in the library, or which programs are on the horizon? We can fill you in on all the amazing events and initiatives hosted by the Altadena Library.

In addition to personal service and interactions, library staff of all levels are now freer than ever to develop inventive new programming for the community. A prime example of a staff member advancing programming in innovative ways would be initiatives developed by staff member Melissa Aldama.

“At the May Board of Trustees meeting,” says Melissa, “I had the chance to report on initiatives I am working on since completing the Harwood Institute’s Turning Outward training. With this new flexibility of not being tied to the Information Desk, I am excited at the chance to expand the library’s ability to display local art, and I have spent time building a guest art curator program to help with the various displays throughout the library. I’ve also been working with an internal team focused on developing a web-based digital reference library, and a book bike is also in the works to travel around Altadena and bring the joy of reading to more people than ever before!”

Another staff-driven innovation is the library’s new Fab Lab – an entirely new space in the library that serves as a digital multimedia learning lab, a maker space, and a fabrication area for various creative technologies.

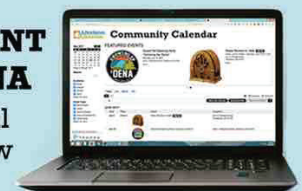
According to Ryan Roy, Public Services Director, “What we hope to provide with the Fab Lab is a full range of technological instruction for our community – from basic computer use for beginners to advanced, cutting-edge applications and hardware that most people would not have hands-on access to.”

Among the cutting-edge technologies that will be available through Fab Lab instructional courses are 3D printing, digital photo and video editing, experiences in Virtual Reality, and sound/music production. This new creative workspace was inspired by staff feedback and will rely on both library staff and local educators to provide the instruction through a variety of different classes.

Whether it’s innovative new spaces, creative programming, bold, new endeavors within the community, or even more time for one-on-one conversations and service inside the library, our new service model is designed to offer a bigger, better, and even more amazing experience for you – our friends and neighbors in Altadena and beyond – at the Altadena Library. We hope to see you soon!

### AN EXCITING ANNOUNCEMENT FOR ALTADENA

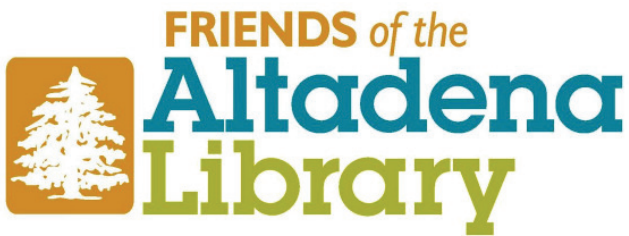
Share and find local  
events with this new  
online tool!



Altadena Library District is proud to announce the launch of its Community Calendar on its website. This interactive calendar will allow individuals and community groups to add their events directly to the calendar, making it the one-stop resource for all Altadena events! Certain features are still in development, but please start exploring this amazing community resource by clicking the “Altadena Community Calendar” button at [altadenalibrary.org](http://altadenalibrary.org).



 **CLICK THIS!**



## 2017 Annual Friends of Altadena Library Meeting

Monday, June 5<sup>th</sup>  
7:30pm

Community Room  
Altadena Main Library

600 E. Mariposa Street  
Altadena 91001



The Friends of Altadena Library, formed in 1959, is an organization committed to the support of the Altadena Library District and its programs and services. The purpose of the Friends is to stimulate public interest in the library, assist with funding to purchase library materials, and to support cultural and educational programs at the Altadena Library.

- **Brief business meeting to elect next year's officers**
- **Followed by keynote address by Jervey Tervalon**
- **Open to the public**
- **Refreshments will be served**

[WWW.ALTADENALIBRARY.ORG](http://WWW.ALTADENALIBRARY.ORG)

Altadena resident **Jervey Tervalon** is the founder of Lit Fest of Pasadena and author of *Monster's Chef*, *All the Trouble You Need*, *Understand This*, and the Los Angeles Time bestseller *Dead Above Ground*. An award-winning poet, screenwriter, and dramatist, Tervalon was born in New Orleans, raised in Los Angeles and now lives in Altadena, California with his wife and two daughters and works as a professor at University of Southern California.



# GROWING UP 'DENA



## YOU'RE INVITED!

### Grand Reopening, Summer Reading Kick-Off, & 50<sup>th</sup> Anniversary Celebration

**Saturday, June 10<sup>th</sup>, 10:00 AM - 8:30 PM**

Main Library (600 E. Mariposa St., Altadena)

**10:00am** - Welcome with John Muir Drum Corps

**10:15am** - Mad Science Program for kids

**11:15am** - Musical performance for all ages by CHROMA

**12:00pm** - Elected officials Anthony Portantino, Kathryn Barger, and Christopher Holden

Delicious lunch at 1960s prices sponsored by Altadena Rotary Club

**1:30pm** - Hip-hop dance and spoken word poetry by Antics

**3:30pm** - Special live appearance by lead vocalist of Santana, Andy Vargas and Souleros

Delicious food and drink provided by:  
Altadena Ale & Wine House  
Chef Chris Driscoll, Street Food on the Go  
Chef Matthew Roberts  
Nuevo Poncitlan  
Sweeter Than Honey  
Tropical Sno Hawaii

**6:30pm** - Second Saturday Concert with The Satisfaction Band



John Muir High School Drum Corps



CHROMA



Lead vocalist of Santana, Andy Vargas & Souleros



The Satisfaction Band

### A BIG THANK YOU TO OUR GENEROUS SPONSORS:

24 Hour Fitness  
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Altadena Rotary Club  
Altadena Town & Country Club  
Armstrong Garden Center  
Café de Leche  
Coffee Gallery  
Daz-E Shop  
El Patron

Friends of Altadena Library  
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McGinty's Gallery at the End of the World  
Meredith M  
Nancy's Greek Café  
Oh Happy Days Natural Food Grocery & Café  
Open Road Bicycle Shop

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Pizza of Venice  
Rhythms of the Village  
Sidewalk Café  
Steve's Pets  
Tacos Poncitlan  
The Bunny Museum  
Trader Joe's  
Webster's Community Pharmacy  
Wellema Hat Co.

For more information, visit [www.altadenalibrary.org](http://www.altadenalibrary.org).



All concerts are FREE and start at 7:00 PM in the Amphitheater at Farnsworth Park.  
 568 East Mt. Curve Ave., Altadena, CA 91001 for information: 626-798-6335  
 Visit: <http://www.altadenasheriffs.blogspot.com>

### 21st Annual Summer Concert Series Schedule - 2017

The Saline Fiddlers Philharmonic	Saturday, July 8th
The Down Beat Express	Saturday, July 15th
Bleeding Harp	Saturday, July 22nd
Whos Next	Saturday, July 29th
The Tuners	Saturday, August 5th
Upstream	Saturday, August 12th
Kings of 88	Saturday, August 19th
Nowhere Man	Saturday August 26th

**And... For Our Grand Finale... Saturday, Sept. 9th**  
**Hot August Night in their Tribute to :**  
**NEIL DIAMOND**

**Presented by B & E Promotions & Sheriff's Support Group of Altadena**

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Rotary Club  
 Of Altadena



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 In Memory of  
 Don Rutherford  
 SSGA's First President



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