



Rotary Club of Altadena

Sparks

OFF THE ROTARY WHEEL
AN AWARD-WINNING NEWSLETTER



April 14, 2016

This Week

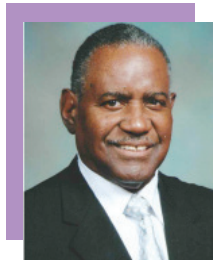
Roger Fennell, MD, Anesthesiologist
Craft Talk
Program Host: David Smith

Roger Fennell was born in St. Louis Missouri in November of 1946, and married Kathleen Anne in May of 1971.

He has a varied educational background. He attended St. Mary's Seminary in Perryville, MO, Trenton State College in NJ, Villanova University in PA, and graduated cum Laude with a BS from St. Benedict's College, in Atchison, KS. His medical schooling was at the University of Missouri and the Columbia School of Medicine, where he received his MD. His post-graduate education was in obstetrics and Anesthesiology.

Fennell served in the US Army in Viet Nam, and in the Medical Corps in Germany. He was awarded the Bronze Star, the Army Commendation Medal, and has an Expert rating with the M-16 rifle.

Fennell has volunteered and taken his medical expertise to many places in the world: 9 countries with Operation Smile from 1993 to 1997, 6 countries with Rotoplast International from 1999 to 2005 and twice in Mexico with Thousand Smiles.org in 2007 and 2008. ○



Quietly Quick

by Steve Cunningham, *President*

The Seven Deadly Horsemen — Part 2

from
The Law of Success
by Napoleon Hill



The seven horsemen are labeled, in order: *Intolerance, Greed, Revenge, Egotism, Suspicion, Jealousy* and “?”

...

I am starting approximately where I left off last week. ...

Turn your attention, now, to two more twins of destruction — EGOTISM and SUSPICION. Observe that they also ride side by side. There is no hope of success for the person who suffers either from too much self-love or lack of confidence in others. ...

...If you have no FAITH in other people you have not the seed of success in you. SUSPICION is a prolific germ. If permitted

to get a start, it rapidly multiplies itself until it leaves no room for FAITH.

Without faith no man may enjoy enduring success.

Running, like a golden cord of illumi-

Please turn to Quietly, p. 4

April Team

Jim Gorton • Mindy Kittay
Julius Johnson • Gary Clark
Mike Noll • Sterling Louviere

Meeting Responsibilities

- Setup • Greeter •
- Flag Salute • Song •
- Inspirational Presentation •
- Happy Bucks • 4-Way Test •
- Takedown •

Program Review

Big Eye To See Sky!



Warren Skidmore, scientist and spokesperson for the Thirty Meter Telescope (TMT) (that's a 100' across anyway) filled in Rotary Club members on some of the essential details of the *big eye* which is one of three big telescopes destined to

improve our observations of the universe ten fold once *on line*.

And just how will the big astrological scope do this?...By concentrating light on a Giant Segmented Mirror (GSMT) made up of 492 separate paneled mirror segments fitted precisely into a concave reflecting disc. Each segment will be separately controlled to correct for any possible variance to maximize the light immanating from an observable star, quasar or target galaxy. The light wave concentration will be adjusted through Adaptive Optics (AO) for atmospheric distortion and wave front distortion in order to generate a stabilized and clear image of the target that is sure to amaze and give future generations something more than insight into distant galaxies.

Japan, Canada, Europe, India, China the US, Cal Tech, JPL are all involved in the building of the TMT, which is yet to be sited. Originally planned for location at a remote venue in Hawaii, the TMT has run headlong into the *Hawaiian Soveriegnty*



Movement and consequently may have to be relocated to head off any political obstacles. It is hoped that the TMT will be completed within the next decade.

Upon completion the TMT will deliver data though its Infrared Imaging Spectrometer (IRIS), its Infrared Multi-object Spectrometer (IRMS) and its Wide Field Opitcal Spectrometer.

Bottom Line is the AO system which can remove atmospheric turbulence and achieve diffraction-limited imaging will allow scientists to observe what they have

Please turn to Program, p.3

Congratulations



Birthdays

04/13 - Alice Hudson
04/18 - John Frykenberg
04/29 - Mike Noll



Anniversaries

04/27 - Sterling & Olga Louviere

Sparks is published 48 weeks a year and is the official publication of the Rotary Club of Altadena. The deadline for submission of articles is Friday at 6p to current editor email, fax, or delivery.

Rotary Club of Altadena - #7183

Chartered: February 14, 1949
P.O. Box 414, Altadena, CA 91003
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April Magazine Month

Program Chair, David Smith

April 14 - Roger Fennell -- Craft Talk
April 21 - PCC Veterans' Scholarships -
 Chaired by Craig Cox
April 28 - Meeting location: Altadena Li-
 brary -- Tour of project area to be given
 by Mindy Kitta

May No Designation

Program Chair, Ed Jasnow

Scholarships are Community Service



This is the time of year when we honor local students for their achievements and to encourage them to continue in their studies. Tom McCurry and his committee have been working through high school and middle school scholarships to go to outstanding students and Jr. ROTC students. I have had the pleasure of working with Pasadena

City College to identify candidates for the Altadena Rotary PCC Veterans scholarships. Dennis Mehringer also is working with PCC to identify awardees for the PCC Vocational Scholarships.

These are great community service projects because they continue to foster our club's relationships with one of our local high schools and our community college. Teachers and administrators get a first-hand experience with Rotary and

the Rotary Club of Altadena. Students and families appreciate the monetary support and recognition of their student's achievements. In addition, we get to feel really good.

All of these scholarships are awarded annually with funds from endowments provided by the American Legion to our foundation. If you would like to participate in any of these committees please contact me. ○

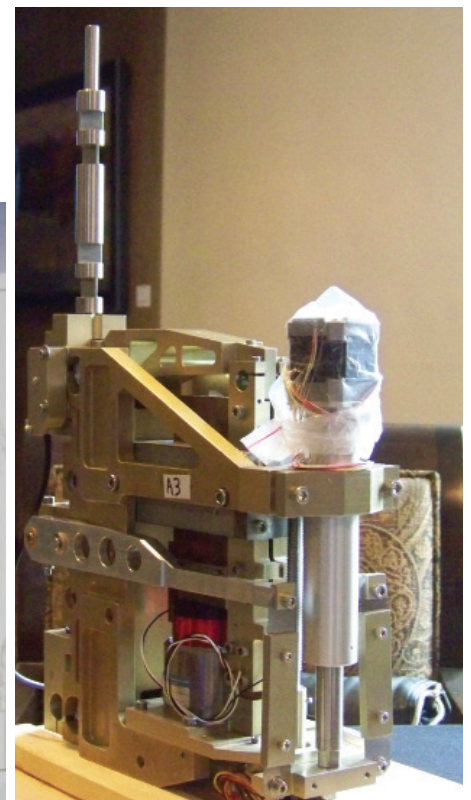
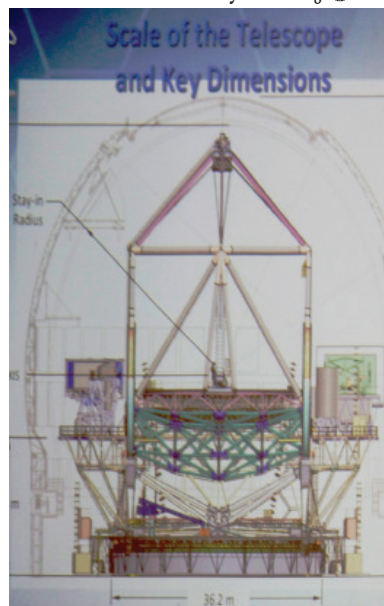
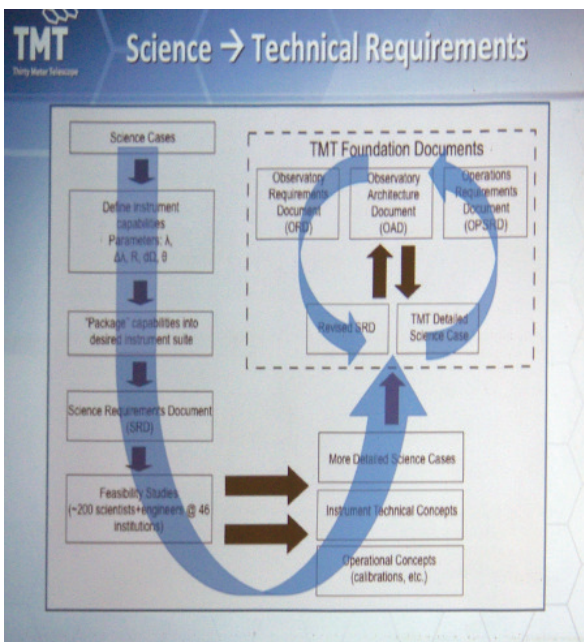
Program

Continued from p.2

never clearly observed before, rendering answers to everything from origins of life to the scope of our ever expanding universe.

Thanks for the insights shared and barely understood, Warren. It was an awesome presentation, and I can't wait to see what you see....way up in the sky!

John Frykenberg ○



Quietly

Continued from p. 1

nation throughout the Bible, is the admonition to have FAITH. Before civilization lost itself in its mad rush for dollars, men understood the power of FAITH.

"For verily I say unto you, if ye have faith as a grain of mustard seed, ye shall say unto this mountain, remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you."

The writer of this passage — which appears in the Bible — understood a great law which but few of today understand. Believe in people if you would have them believe in you. Kill off SUSPICION. If you do not, it will kill you off.

If you would have power, cultivate Faith in mankind!

EGOTISM thrives where SUSPICION exists. Interest yourself in others and you will be too busy to indulge in self-love. Observe those around you who begin every sentence with the personal pronoun, "I," and you will notice that they are suspicious of other people.

The man who can forget himself while engaging in useful service to other people is never cursed with SUSPICION. Study those about you who are both SUSPICIOUS and EGOTISTICAL and see how many of this type you can name who are successful in whatever work they may be engaged in.

And, while making this study of OTHERS, study, also, yourself!

Be sure that you are not bound down by EGOTISM and SUSPICION.

Bringing up the rear of this deadly group of riders you see two horsemen. One is JEALOUSY and the name of the other has been purposely omitted.

Each reader of this article may take inventory of himself and give the seventh rider a name that fits whatever he finds in his own mind.

Some will name this rider DISHONESTY. Others will name it PROCRASTINATE. A few will have the courage to name it UNCONTROLLED SEX DESIRE. As for you, name it whatever you please, but be sure to give it a name.

Perhaps your own imagination will supply an appropriate name as a fellow-traveler for JEALOUSY.

You will be better prepared to give the unnamed rider a name if you know that JEALOUSY is a form of insanity! Facts are sometimes cruel things to face. It is a fact that JEALOUSY is a form of insanity, known to the medical fraternity as "dementia praecox."

O jealousy,

*Thou ugliest fiend of hell! Thy deadly venom
Preys on my vitals, turns the healthful hue
Of my fresh cheek to haggard sallowness,
And drinks my spirit up!"*

You will notice that JEALOUSY rides just back of SUSPICION. Some who read this will say that JEALOUSY and SUSPICION should have ridden side by side, as one often leads to the other in man's mind.

JEALOUSY is the most common form of insanity. It rides in the minds of both men and women; sometimes with a real cause, but more often without any cause whatsoever.

This deadly rider is a great friend of the divorce lawyers! It also keeps detective agencies busy night and day.

It takes its regular toll of murder. It breaks up homes and makes widows of mothers and orphans of innocent little children. Peace and happiness can never be YOURS as long as this rider remains unharnessed in your brain.

Man and wife may go through life together in poverty and still be very happy, if both are free from this child of insanity known as JEALOUSY. Examine yourself carefully, and if you find any evidence of JEALOUSY in your mind, begin — at once — to master it.

JEALOUSY rides in many forms. When it first begins to creep into the brain it manifests itself in something after this fashion:

"I wonder where she is and what she is doing while I am away?"

Or, "I wonder if he does not see another woman when he is away from me?"

When these questions begin to arise in your mind do not call in a detective. Instead, go to the psychopathic hospital and have yourself examined, because more than likely you are suffering from a mild form of insanity.

Get your foot on JEALOUSY'S neck before it gets its clutches on your throat.

• • •

After you have read this essay lay it aside and THINK about it.

At first you may say "This does not apply to me. I have no imaginary horsemen in my brain." And you may be right — **one out of every ten million could say this and be right!** The other nine million nine hundred and ninety-nine thousand nine hundred and ninety-nine would be wrong.

Do not fool yourself! You may be in that larger class. The purpose of this article is to get you to see yourself as YOU ARE! If you are suffering failure and poverty and misery in any of their forms, you are sure to discover one or more of these deadly riders in your brain.

Make no mistake about it — those who have all they want, including happiness and good health, have driven the seven horsemen out of their brains.

Come back to this essay a month from now, after you have had time to analyze yourself carefully. Read it again, and it may bring you face to face with FACTS that will emancipate you from a horde of cruel enemies that now ride within your brain without your knowing it

• • •

Editor's Note: This has been an After-the-Lesson Visit with the author (Lesson Seven, Enthusiasm). ○

JOIN MAYOR TORNEK, COMMUNITY MEMBERS, PASADENA RESIDENTS, CIVIC, BUSINESS, STUDENT, EDUCATIONAL LEADERS AND THE INTERFAITH COMMUNITY FOR THE

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