

February 05, 2015

This Week
The Altadena Senior Center
Front and Center
Program Host:
Theo Clarke

We have in our midst an extremely active, highly and widely visible, 1,500 member Altadena Senior Center. Mrs. Liliana Garcia, Director of both the Altadena Senior Center and Altadena Community Center, will be our guest speaker at the February 5 Rotary Club meeting. She will regale us with the many services provided by the center and offered to seniors in Altadena.

The Senior Center is a multipurpose center designed to provide seniors and community residents with social, recreational and educational activities. Garcia is responsible for coordinating fairs, special events during the holidays, informational seminars, and training.

Before becoming the Senior Center Director, Garcia was the Program Coordinator for the County of Los Angeles Citizenship Assistance Campaign, Public Charge Task Force, LIFE Act Outreach Campaign and the Traffic and Safety Program. Garcia has also served as the Director of Naturalization for the National Association of Latino Elected and Appointed Officials (NALEO). >



REFLECTIONS
 by Hal Yorke, President
BE REFLECTIONS?

on . . . Measles

In the October 16, 2014 issue of *Sparks* I reflected on the difficulty of overcoming bogus claims that vaccinations are dangerous. I posed the question, "How can we expect to eliminate polio in the world, if we cannot manage our own demons?" Currently, we are again in a media frenzy as a brand new measles outbreak in the US is in its infancy.

After the Ebola scare, the Blue Nile virus scare, the H1N1 scare, and the bird flu scare, measles has provided the media with another potential virus epidemic to help sell newspapers and ads during news programs.

Measles itself is not terribly dangerous to healthy children. Most patients will recover with rest and tender loving care. When deaths occur, it is usually because of complications like an accompanying

pneumonia or brain infections. Other complications that can occur are infections of the sinuses, ears, or bronchial passages. However, measles can be dangerous for immunocompromised individuals, such as patients with AIDS or those undergoing treatment for cancer. Between 1987 and 2000, the fatality rate in the US was three measles-attributable deaths per 1000 cases. Worldwide the fatality rate is about 10 percent or 100 deaths per 1000 cases.

Because of a successful immunization program during the 1960s and later, measles had been virtually eliminated in the US. At a time when vaccinations did not exist, pediatricians used to have two waiting rooms, so that they could separate contagious patients with the current highly communicable disease from those with-

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Bring a friend to what promises to be an enlightening as well as informative program. Let this be the first step in creating a tight and lasting bond between the Altadena Rotary Club and the Altadena Senior Center. ○

- Creeters*
- February 05
Sterling Louviere
 - February 12
Tom McCurry
 - February 19
Dennis Mehringer

Program Review



Over the years we have been blessed at Altadena Rotary to have speakers from the many outstanding colleges and universities in the greater Pasadena area. One of these institutions is Fuller Theological Seminary. Last Thursday (January 28), Roberta King, Associate Professor of Communication and Ethnomusicology at Fuller was our speaker and

gave a presentation on the use of music to communicate ideas and concepts.

King studied music at the undergraduate and graduate level and began her missionary career in Kenya at Daystar University in Nairobi Kenya. While in Kenya, she learned of the power of music to communicate the Christian gospel within varying cultural concepts. King spent over twenty years in Africa. She established the Department of Christian Music Communication at Daystar University. When she strated the program, she had 12 students. By the time she left in 2000, there were 2500 students in her program. She also worked for many years with WorldVenture, a US based mission society, working with church leaders in 11 African nations, to develop songs for communicating the gospel in over 80 different languages.

According to King, there are over 3000



languages in Africa. But there is much illiteracy in Africa. Over 40 percent of adults are illiterate; they cannot read or write. Many use music as a way to communicate. King's passion is to communicate the Christian message through a culture's songs and arts. Music in Africa is a combination of multi-sensory music, dance and drama. Music lies in the core

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Sparks is published 48 weeks a year and is the official publication of the Rotary Club of Altadena. The deadline for submission of articles is Friday at 6p to current editor email, fax, or delivery.

Rotary Club of Altadena - #7183

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 Tom McCurry Asst. Vocational
 Craig Cox Membership
 Editor, Design & Typesetting Foreman Graphics
 Photography Jacque Foreman

February World Understanding Month

Program Chair, Theo Clarke

Feb 05 - Liliana Garcia, Director of both the Altadena Senior Center and Altadena Community Center: A Look at both the Centers
 Feb 12 - Ralph Mauriello, Former Dodger and Singer Extraordinaire: A Glimpse of Two Worlds
 Feb 19 - 4-Way Speech Competition
 Feb 26 - Dan Stover Club-Level Competition

March Literacy Month

Program Chair, Charlie Wilson

Mar 05 - To be Announced
 Mar 12 - To be Announced
 Mar 19 - To be Announced
 Mar 26 - To be Announced

Congratulations



Birthdays



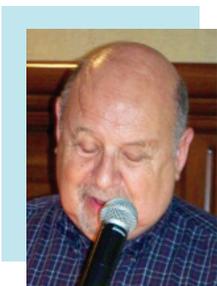
02/02 - Julie Gustafson
 02/07 - Freddy Figueroa
 02/08 - Mike Zoeller
 02/10 - Julius Johnson
 02/14 - Ruth Reeder
 02/16 - Joan Frykenberg
 02/16 - Sunny Wu Kerekes
 02/28 - Wendy Davis Noll



Anniversaries



02/03 - Susan & Don Applegate
 02/17 - Ed & Mona Jasnow



It's amazing what you can discover if you read

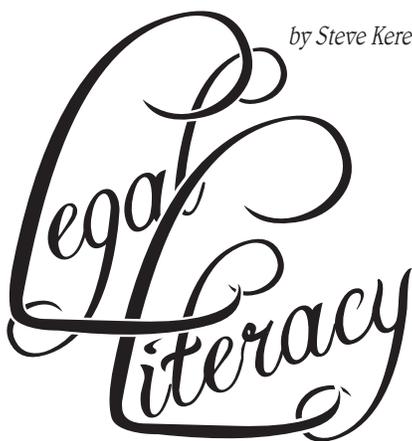
The Rotarian Magazine. I've always wondered why the campaign to eradicate polio was called *Polio Plus*. Now I know. In the current issue of *The Rotarian* is an extensive article on the fight against Ebola currently being waged in Monrovia,

So That's what the *PLUS* is for

Liberia. The Rotary Club of Monrovia is leading the battle, supported extensively by the Rotary Foundation.

As the article states, "Through *Polio Plus*, Rotary has laid the groundwork for the response to a disease such as Ebola." That's what the *Plus* means. The structure is in place to fight outbreaks of any disease. The process is already well estab-

lished. When you give to the Rotary Foundation, you are not just fighting polio, you are preparing to fight any outbreak of any serious disease. As the cover of *The Rotarian* says, "You've Been Fighting Ebola All Along." That's what you've been doing with your donations to the Rotary Foundation. You've been supporting the *Plus*. Keep it up. ○



by Steve Kerekes

My Thoughts on being Inducted into Rotary

I had never been inducted into anything before I joined Rotary and was totally unfamiliar with the process. Being inducted sounded an awful lot to me like being indicted. I had seen people indicted before when I worked for a federal judge in New York many years ago. It is an unpleasant affair. I was certain that joining Rotary was not wrongful and I could not be indicted just because I had done so, or had conspired with others to do so.

I also knew that induction often involved electricity. Metal is a good inducer of electricity. People are not. When people induce electricity, it is usually

called electrocution. In my experience, electrocution is always preceded by an indictment. I thought maybe I was onto something here.

But I recalled that electrocution also requires a conviction. I had been told that Rotarians often have strong convictions. I thought about it and realized that I do not have any strong convictions and the membership committee would be hard pressed to find any in my background. So I was satisfied that this was not the kind of induction which they meant to give me.

Then I recalled the only other time I had seen actually an induction in person. When my wife was pregnant, the doctor at the hospital injected medicine through a long syringe into her body which caused muscle spasms that induced labor. From my limited experience, labor appeared to

be a very painful affair. I was aware that people toiled at it for hours on end until they were exhausted. As far as I knew, the induction ceremony did not involve a hospital or any kind of labor on my part, or at least not right away.

When I went to the ceremony, I was happy to discover that the induction which was meant for me did not involve any accusation of criminal activity, corporal punishment, or forced labor. Instead of a man in a robe accusing me of heinous illegal activity and leading me away in handcuffs, Craig Cox wore a dark blue suit, told everyone present that he expected good behavior from me, gave me a pin to wear, and then asked me to partake of a sumptuous buffet lunch.

Thank-you nice Rotarians for exceeding my expectations. ○



MONEY MATTERS

by Linda Wilkes

Economic Update

ECB Confirms

Bond Purchase Program

On Thursday [January 22], the European Central Bank (ECB) confirmed that it will begin a new bond purchase program. Markets were volatile before and after the news, but it caused little net change in mortgage rates. Much as expected, the ECB will begin purchasing 60 billion euros (\$69 billion) per month of public and private bonds. This will continue at least through September 2016. Since there were no significant surprises in the details of the program, the actual announcement had little net effect on US mortgage markets. This effort by the ECB to stimulate the Eurozone economies closely resembles the program the US Fed used over the last few years.

The December Existing Home Sales

data released on Friday showed a 2-percent increase over November. This and other recent housing market data show that 2015 is starting off with more momentum than last year. Low inventory levels and higher prices are not helping, but low mortgage rates certainly are. Mortgage rates are lower now than they were at any time during 2014.

There are a couple of big economic events in the days ahead. Greek elections will take place on January 25. The results may create some market uncertainty, as they will influence the likelihood that Greece will leave the European Union. In the US, the next Fed meeting is on Wednesday [January 28]. Investors will be looking for hints about the expected timeline for fed funds rate hikes.

Find Linda Wilkes on line: <http://www.myprospectmortgage.com/lwilkes>

Program

Continued from p2

of African societies.

Music in Africa functions as a local newspaper. It is not uncommon for political messages to be conveyed through song and music. Local leaders are being challenged by a different form of dialogue. Music is used to address social problems in Africa. Music speaks across all of life.

Daystar University, where King taught for over 20 years, formed a singing group called Afrizo which consists of Daystar students and faculty. Afrizo has released four CDs; they are: *Echo-change begins with me*, *An African Christmas*, *Africa in Praise* and *Africa in Worship*. In addition

to the CDs, Afrizo tours the world offering a unique view of praise and worship in a truly African sound.

Recently, King has been doing research on the contribution of music and the performing arts to sustainable peacebuilding. She produced a documentary film called "(un)Common Sounds: Songs of Peace and Reconciliation among Muslims and Christians" which aired for 90 days on ABC and its affiliates in the fall of 2013.

In a world full and trouble and strife, music can be a powerful tool for communication and reconciliation.

Boyd Hudson

Reflections

Continued from p. 1

out. Moreover, if necessary, they could make house calls to avoid spreading the disease. Nowadays, however, most doctors' offices are ill equipped for handling patients with highly contagious diseases like measles. As a consequence, some doctors have refused to allow children without measles vaccinations to stay in their waiting room. Schools have banned unvaccinated children from attending classes in areas where measles have been reported. Whereas parents, who exercised their *free choice* to not vaccinate their children, have deemed this treatment *bullying*, there is a medical reason for doctors and schools to make this decision. Unfortunately, the same parents who elect to not immunize their children against childhood diseases are usually not open to scientific reasoning.

So my prediction is: the measles outbreak will run its course, there may be a few preventable deaths among the unvaccinated, and newspapers will be sold. Then we will have a short break until the next virus scare begins.

It's Finished!

I left because it looked like everyone was packing up to leave, and my camera had broken. But the guys decided to stay and finish the playhouse. Mike Noll went back on Sunday and added 4 pieces of trim and sent me this photograph after he read my article in the last *Sparks*. Isn't it gorgeous?



Sparks - Altadena Rotary Club Newsletter

PASADENA HIGH SCHOOL

A Learning Community Dedicated to Student Achievement



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Matt Kodama,
Assistant Principal

David Ibarra,
Assistant Principal

Andrew King,
Assistant Principal

Mike Parisi
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MC Flores,
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Dr. Allison Steppes,
Head Counselor

Randy Barrozo,
Counselor

Erica Linares,
Counselor

Teresa Martinez,
Counselors

Minh Tran,
Counselors

Teresa Arreola
ELAC President

Laura Synder,
PTSA President

Jennifer McCreight,
SSC Chair

January 28, 2015

2014-2015 Altadena Rotary Teacher Grant Recipients!

Thank You Rotary Club of Altadena Teacher \$400 Grants Project



for granting each Teacher Annie Wang, Mandarin with a grant for MLIP World Language & Mary Hines, Science Dept. Chair, organizing the competitive PHS Academic Decathlon!

We are indebted to the Rotary for these wonderful

financial grants that enrich our student's learning experiences.

Bulldogs For Life...Go Big Red!!

Gilbert Barraza-Marestein

This thank you was emailed to Ed Janow from Gilbert Barraza-Marestein, Jr., Principal of Pasadena High School.



FEBRUARY 28

FROM 9 AM TO 12 PM

Glendale Sports Complex - Catalina Verdugo Trail

\$20/Person Entry Donation

Lobos Food Truck

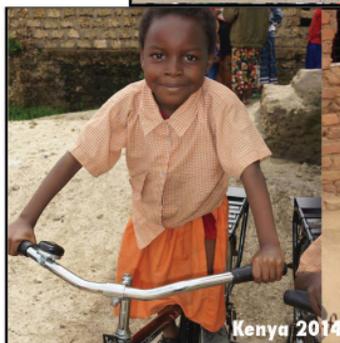
Live Music by Major Minus Band

Bring your family

Pets are welcome, too!



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