

Rotary Club of Altadena

Sparks

OFF THE ROTARY WHEEL

AN AWARD-WINNING NEWSLETTER



August 27, 2015

This Week

The Theodore Payne Foundation California Native Plants that can Replace Lawns Program Host: Tom McCurry

The Theodore Payne Foundation has dedicated itself to the study and use of California native plant species in landscapes. Due to our current drought conditions, a presentation on the use of these plants to replace current lawns and plants seems to be very timely. Theodore Payne was a noted horticulturist who developed an extensive knowledge and love of the plants of the West Coast. He designed the native plant section of Descanso Gardens.

The staff of the Theodore Payne Foundation is in high demand for presentations on this subject. We will be honored to have one of their staff members present this timely topic this Thursday. Please be prepared to take notes for your own use. I know I will be doing so. ○



Quietly Quick

by Steve Cunningham, *President*

Brainstorm on your ideas each day. Clarify in your mind exactly what you want and how you will get it. Hold the picture of the moment you completed the achievement with positive certainty. Never speak or think of it as not possible. Claim it as yours; claim the picture of success as a *FACT* and that it is already yours. Keep your mind tuned in to the universal presence and energy by having a thankful heart and grateful thoughts. If you can't be grateful; then, begin to think of your ability to walk, talk, see, hear, travel, speak, etc. Gratitude for the simplest of freedoms are the most easily overlooked.

But these abilities such as your health are the quickest way to show gratitude and begin a new and powerful positive outlook that connects you to life and your dreams. People will soon not recognize your new look and serenity. Remember: you must exercise this mental picturing and thankfulness every day for at least a month. However, after a month, you will not believe the difference in your perception of life.

Do not be scared to ask for what you really want. Ask for more than you need. The world is full of people to give and receive. Never be afraid to receive. Receive

with humility, thankfulness and appreciation. Extreme poverty and self-sacrifice are not pleasing to anyone, and extreme altruism is as dangerous as extreme greed or piety. Thus, *give and receive with joy*.

We believe there is a universal spirit from which unlimited abundance flows. It will give us all we want if we have a pure heart. A pure heart and mind simply means that you do not allow the weeds of ignorance, bitterness, hate, and irritation to cloud and fill your mind. To facilitate a mind of purity, we make the profound connection to the universal spirit within us by developing a strong feeling of thankfulness for life, love, health, and our material gifts that we already have or will have.

Let us think about gratitude and thankfulness. Can you have real faith when

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August Team

David Smith • Kimmit Haggins
Craig Cox • Mike Zoeller
Sue Applegate

Meeting Responsibilities

- Setup • Greeter •
- Flag Salute • Song •
- Inspirational Presentation •
- Happy Bucks •
- 4-Way Test • Takedown •



Last Thursday Altadena Rotarians were pleasantly entertained by a craft talk from David Campbell. Dr. Campbell is a dentist in the area specializing in general dentistry, Orthodontics, and implants. However, it is his love for charity and “giving people back their lives through dentistry,” that sets David Campbell apart.

Campbell comes from a long family

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P.O. Box 414, Altadena, CA 91003

www.altadenarotary.com

Meets: Thursday, 12:10p

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Mike Zoeller Youth Projects

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Tom McCurry Asst. Vocational

Craig Cox Membership

Editor, Design & Typesetting Foreman Graphics

Photography Jacque Foreman

Charitable Work & Dentistry

line of dentists. His father and grandfather were both dentists, as were his grandfather's brothers. Campbell stated that his grandfather and grandfather's brothers were *mavericks* in dentistry. They were shunned by the dental association and schools for their work in acrylic dentures. As it turns out, they were at the forefront of this field.

After high school in Glendale, California, where he was the student body president, Campbell went on to Occidental College. He stated, that he dropped out after two years because he wasn't serious. Then he said, that he became active in his Christian faith. This allowed him to become focused, and he went back and got through dental school. This opened the door for the charity work that he was to pursue.

Campbell stated that he enjoys being a dentist, but it his love for charity and helping people with serious problems that drives him. He stated that his forte is extractions and dentures. He went on to explain that, just last week a patient who had been *out of the loop* of dentistry came to him. The patient's smile was rebuilt, and soon after, the patient was weeping due



to the work performed. Campbell went on to say that he doesn't mind respect from his peers. However, it is his dedication to charity work through dentistry, and his close personal care — on which he prides himself — that has always driven him.

Right out of dental school, Campbell was doing work down on skid row, in his downtown Los Angeles office. He said that he enjoyed helping the homeless and giving people back their lives. Eventually

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August Membership & Extension

Program Chair, Tom McCurry

August 27 - To be Announced

September New Generations

Program Chair, Ray Carlson

September 03- Cathy Gott, Founder,

Danny's Farm for Special Needs Chil-

dren - Mike Noll, Guest Program Host

September 10 - To be Announced

Congratulations



Birthdays



08/02 - Phyllis Merrill

08/08 - Joesph McMullin

08/10 - Don Applegate

08/24 - Hal Yorke

08-21 - George Buehler

08/27 - Elaine Klock

08/31 - Bruce Conroy (Jacque Foreman)

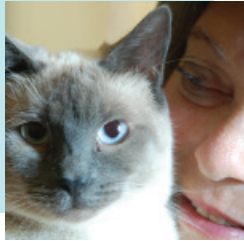


Anniversaries



08/23 - Gary & Dotty Clark

Ready to do some Personal PR?



Yes, it's that time of the year again, and I'm going to climb up on my soap

box so you can all see me in front of the podium. If you are ready to do some *Personal PR*, I have a project for you. OK, it takes a bit of personal commitment for approximately twelve (12) weekends — but it can be only one day each weekend.

Yes, I'm touting *Christmas Tree Lane*. We would like to have 3 to 7 Rotarians who will come week after week. If you have

children from about 5 years and up, they are also welcome, as long as you keep an eye on them. It is very important that, while working on the Lane, everybody wears eye protection and gloves. We have some you can use if you don't have or forget your own. Also please wear *real* shoes.

This year putting up the lights starts on Sunday, September 13. On Saturday, September 12, we will be unpacking new bulbs and putting gaskets on the base to prevent water seepage.

We work from 9am to about noon and feed you lunch. We have coffee and do-

nuts while you are working. Questions? Ask me at Rotary or call 626-794-9620. ○

Quietly

Continued from p. 1

you are constantly blaming, angry and ungrateful? If you think you can be happy with a blaming, hateful, and bitter mind, then good luck. If you want to change your outlook on life to one where you feel that all is possible, start by being grateful for what you have. Think back and reflect on the times you got what you wanted and became arrogant or ego centered. ○

Next Week September 03

Guest Program Host, Mike Noll, brings you Cathy Gott of Danny's Farm.

Some of you may remember the project we did at Danny's Farm a few years back (hottest day ever!). That was when



Danny's Farm was located in Altadena. Since then Danny Gott and the farm animals have found a new home at Cal Poly Pomona.

Under a mutually beneficial relation-

ship, Danny's Farm now operates with the help of Cal Poly's Agriculture Department. The animals are cared for by student volunteers who also oversee the petting zoo and assist the adults with disabilities who work there.

In a farm setting, Danny's Farm offers a safe, peaceful, and loving environment for children and adults with developmental disabilities. Together with farm animals, programming and vocational training, Danny's Farm provides opportunities for discovery and learning...for kids, adults and college students. ○

Program

Continued from p.2

he had to close this office, but currently is involved in another office downtown. Dr. Campbell is teamed up with an organization with a 10 million dollar budget given by the federal government. There are a total of three clinics focusing on giving dentistry to the worst neighborhoods. With Obama Care covering 80 percent, and the county covering 20 percent of the undocumented, so far the clinics have been a success.

Recently Campbell has sold two of his offices, which has brought his personal

offices down to four. He hopes that, by the beginning of the next year, he will have sold two more of his charitable dental clinics — which is already in the works, bringing the number down two. He said that two offices will be easier to manage. He will also be able to focus on his Altadena office.

Dr. David Campbell ended his craft talk stating that he is proud and enjoys what he is doing. Doing charitable work and dentistry gives him satisfaction.

John Casci ○

September Team

The following members comprise the *September Team*.

**David Alimi • John Casci
Hal Yorke • Tony Hill
Ed Jasow**



All FREE Concerts start at 7:00 PM in the Amphitheater at Farnsworth Park.
568 East Mt. Curve Ave., Altadena, CA 91001 for information: 626-798-6335
Visit: <http://www.altadenasheriffs.blogspot.com>

19th Annual Summer Concert Series Schedule - 2015

Downbeat Express (Big Band with Jennifer Gates)	Saturday, July 11th
The Brian Hughes Band (Ultimate Jazz)	Saturday, July 18th
The Manning Brothers & Friends (Irish Music & Dance)	Saturday, July 25th
The Mighty Burnt Bacon (Stax Style Soul Band)	Saturday, August 1st
Upstream (Reggae, Calypso, Soca & Steel Drum Music)	Saturday, August 8th
Kings of 88 (The Ultimate Tribute to Piano Rock)	Saturday, August 15th
Whiskey Hayride (Country Music and Much More)	Saturday, August 22nd
Floyd & The Flyboys (R & B Soul & Funk)	Saturday August 29th

And... For Our Grand Finale... Saturday, Sept. 12th
Back by Popular Demand...Sgt. Pepper in their tribute to the Beatles!

Presented by United Support Group & SSGA

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Rotary Club
Of Altadena



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In Memory of
Don Rutherford

