

Rotary Club of Altadena

# Sparks

OFF THE ROTARY WHEEL  
AN AWARD-WINNING NEWSLETTER



July 18, 2019

## This Week

**Lisa Abdishoo, MD**  
**President & CEO,**  
**Los Angeles**  
**Christian Health**  
**Centers (LACHC)**

**Program Host**  
**David Campbell**

Los Angeles Christian Health Centers (LACHC) opened in 1995 with a handful of staff but a big vision to render hope and healing through healthcare to the thousands of homeless and low-income residents living in Los Angeles County. Today, 150 staff members serve the County's most vulnerable populations from their two full-time health centers in Skid Row and Boyle Heights. They also provide comprehensive medical care at their 10 part-time satellite clinics hosted by our community partners throughout Downtown Los Angeles and Watts.

Dr. Lisa Abdishoo accepted the president and CEO position effective December 2012, having already worked at LACHC for 14 years. She received her undergraduate degree from the University of California, Irvine, and graduated from the University of Southern California School of Medicine. She then completed her residency in Internal Medicine at Cedars Sinai Medical Center in Los An-

*Please turn to This Week p. 4*

## Time Passes: Summer Solstice

The summer solstice occurs when one of the Earth's poles has its maximum tilt toward the Sun. It happens twice yearly, once in each hemisphere (Northern and Southern). For the northern hemisphere, our summer solstice is when the Sun reaches its highest position in the sky during the month of June.

What is amazing to many people is the ability of scientists to pinpoint the exact time down to the second. Over the years, our club has been very fortunate to have members who worked in the many fields of science while being employed at JPL or Cal-Tech Institute. We have also had speakers from both of these locations.

This past week, our country celebrated the walking on the moon by Astronaut Neil Armstrong. On July 20, 1969, the world watched this spectacular event. Now, no one currently in our club was a member back 50 years ago. But, without much research on my part, I am sure that our club's meetings on those days, Thursday, July 17 and 24 of 1969 probably had some lively discussion by Rotarians of what was going on in space. And, as a side note, during 1969, our club was celebrating 20 years of being a club serving the local community of Altadena.

One of the reasons we ask members to arrive just before noon on the day of the meetings is to allow for fellowship via



## On the Mark

*By Mark Mariscal, President*

greetings of members and small chit chat. At 12:10 pm., the Rotary Bell is rung and lunch is served. For the next 30 minutes, the ability to continue talking with fellow Rotary members and guests at the table where you sit allows each of us to get to know one another other better. I am sure that 50 years from now, our members will wonder what the topics of the day were too.



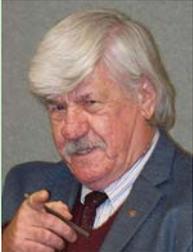
Back to the summer solstice: During the Summer Concert Series at Farnsworth Park, our volunteers get to see first hand how the season

changes towards the Equinox of September. Each Saturday evening during the concerts at both 7 pm. and 8 pm., we can witness the various levels of sunlight available. This past Saturday as an example, darkness arrived just after the beginning of the second set by the musical act. By the time the second concert in August roles around, we will start doing the intermission collection for *Supporting the Concert and Polio* in the dark. I invite each of you to come out and witness first hand how time passes on. ☉

## Greeter of the Week

*July 25*  
**Steve Kerekes**  
*August 01*  
**Richard Kurtz**

## Just Hopp'in Along



For all those who had questions about rabbits but were afraid to ask, well our program this past Thursday (July 18) would have been the perfect event for you. And for all of those who have passed the house at the northeast corner of Lake Ave. and

Altadena Dr. with a sign out front indicating that a bunny museum was located there, and thought "I wonder what that is all about," well, I hope you did not miss last Thursday's program.

Our very entertaining speaker was Candace Frazee who co-owns the Bunny Museum in Altadena with her Husband, Steve Lubanski. Frazee explained that many, many years ago she and her Husband began a tradition of exchanging bunny-centric gifts every day (this is not a misprint – yes they exchanged such gifts daily and still do). Twenty-one years ago, so many such bunny related items had accumulated that she and her husband decided to open a museum.

They opened their Bunny Museum to the public in 1998. For the first 19 years, the museum was located at their home in Pasadena. In 1999 the museum contained 8,473 different items and was recognized by Guinness World Records as being the museum housing the most bunny-related items in the world. Then, about two years ago, Frazee and Lubanski saw the light and relocated their bunny museum to beautiful Altadena. At their Altadena location, they continue to hold the Guinness



World Record with a total number of bunny items now exceeding 35,000.

The items you can see if you visit the museum include stuffed bunnies, ceramic bunnies, cookie jar bunnies and 9 bunnies from past Rose Parade floats. There are also live bunnies, including Flemish giant rabbits. Their oldest items are bunny artifacts (i.e., over 2,000 years old) including a ring, a pin and a pendant as well as an official seal from ancient Egypt. The collection includes the

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**Congratulations**



**Birthdays**



01 - Rene Amy  
06 - Maria Perez-Arton  
08 - Regina Wilson  
27 - Tony Hill  
31 - Richard Kurtz



**Anniversaries**



15 - Craig & Susan Cox  
16 - Doug & Candace Colliflower  
28 - David & Heather Campbell

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**Rotary Club of Altadena - #7183**

Chartered: February 14, 1949

P.O. Box 414, Altadena, CA 91003

www.altadenarotary.com

Meets: Thursday, 12:10p

Altadena Town & Country Club

2290 Country Club Drive • Altadena, CA

626-794-7163

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Dist 5300 Gov. ....Luanne Arredondo

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Mike Noll, Trea. ....Bus. 626-683-0515

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Maria Perez-Anton • Mike Zoeller

John Frykenberg • Doug Colliflower

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David Smith .....Foundation

Sylvia Vega .....Co-Foundation

Frank Cunningham .....Membership

Maria Perez-Anton & Dorothy Brooks .... Asst. Mmbrshp

Jacque Foreman .....Public Awareness

Jacque Foreman .....Acting Publicity

Jacque Foreman .....Sparks/Website

Mike Zoeller .....Club Projects

Doug Colliflower .....Community

David Smith .....International

Mark Mariscal .....Asst. International

Tony Hill .....Youth Contests/Awards

Mike Zoeller .....Youth Projects

John Frykenberg .....Vocational

Editor, Design & Typesetting.....Foreman Graphics

Photography.....Jacque Foreman



**July**

Plan for a new Rotary year

**Program Chair, David Campbell**

July 18 - Candace Frazee, The Bunny Museum in Altadena

July 25 - Lisa Abdishoo, MD; President & CEO, Los Angeles Christian Health Centers



That's a question that is asked by many people of many many others. I could just give you a cryptic, "Lots," but I won't.

I finally finished the flyer for our summer concerts. I thought I was done a couple of weeks ago; but ... I wasn't! The first thing that happened is that one of the logos had been updated – that meant that the updated

logo had to be substituted for the old one. Fortunately, they were the same size. Then I found out that we had a new sponsor. But the logos of our sponsors were already placed on the flyer. Well ... several of the logos had to be *adjusted in size* to allow the new logo to be added. And, then we found that we had inadvertently left off a logo. Another readjustment was necessary.

Before the end of this week, I will send it to Monica Hubbard, Altadena Now, and

## What have We done for You lately?

speakers and programs are announced.

The next thing is still in flux. But that doesn't mean no time has been spent on this problem. In fact, a lot of time has been spent already. This goes back to the end of May when Sue Applegate and I started receiving notification in our email inboxes about bogus attempts to make donations to our Altadena Rotary Charities account. It didn't take long before there were 20 to 30 of them a day. This was definitely **Unacceptable**. Applegate received the notifications because she is the treasurer, and I received them because I'm listed as the goto person for online problems that occur.

Pasadena Now. Want it sent to someone else? Let me know. I have already circulated it to our members. If, for some reason you have not received your copy, let me know, and I'll resend it to you. It's in PDF format.

Applegate started moving them to a separate folder, and I began working to get in touch with the company that provides the interface for donations. But there was a problem. Just a not-so-small one. Because we started out as a free account (no monthly fee) 13 years ago, and they had never upgraded us, and our type of account hadn't existed for several years, I couldn't talk to anyone; everything had to be done via *chat* with a bit of email thrown in. I finally created enough *noise* so I received some phone calls, but couldn't return the calls. A little more noise, and I now have someone to whom I can speak. Getting here has taken 15 to 20 hours.

And, you know that I just announced the other day that I have begun the update on our Rotary website calendar. The finishing touches for now are to go to the District Website and see what District Events are already listed. Then it's a process of working to stay current as

I'm currently looking into our processing options. If you're associated with a small non-profit that takes donations online, I need to talk to you to find out who supplies this service.

*The Rotary Club of Altadena Presents*

### Concerts in the Park

In Cooperation with LA County Parks & Recreation

All concerts are FREE and start at 7:00 PM in the Amphitheater at Farnsworth Park  
568 East Mt. Curve Ave., Altadena, CA 91001 • Visit: Our *Concerts in the Park* Facebook Page

#### 23rd Annual Summer Concert Series Schedule - 2019

The Answer to Classic Rock (Classic Rock).....	Saturday, July 06
Blue Breeze Band (Motown, Funk, Soul, R&B) .....	Saturday, July 13
Floyd & the Flyboys (New Orleans R&B, Jump, Swing, Blues, Roots Rock) Saturday,	July 20
ReLoVe (Reggae, Soul) .....	Saturday, July 27
Live From Earth (Pat Benatar Tribute).....	Saturday, August 03
Upstream (Reggae, Soca, Caribbean Tunes) .....	Saturday, August 10
My Generation (British Invasion Genre Rock).....	Saturday, August 17
Dog N Butterfly (Heart Tribute).....	Saturday, August 24

And ... For The Grand Finale ... Saturday, September 07  
Tribute to THE WHO  
**THE WHO EXPERIENCE**  
Presented by the Sheriff's Support Group of Altadena

Altadena Rotary

MonteCedro - The art of Creative Living

Los Angeles County Arts Commission

Time to Look for a New Home? 626.712.5194

RIEDON

ELPATRON Mexican Food Restaurant

GROCERYOUTLET Bargain Market

All American Audio Visual

DR. CAMPBELL CENTURY DENTISTS & ORTHODONTISTS ALTADENA TOWN & COUNTRY CLUB #41198

Morgan Stanley THE PASADENA COMPLEX

Kathyrn BARGER

AND Sponsors: Frank Cunningham of Gently Guided, a personalized senior living referral service; Georgia Rutherford in memory of Don Rutherford, first president of SSGA;

# This Week

*Continued from p. 1*

geles, where she worked with underserved communities at various community clinic locations, including LACHC's Joshua House.

In 1999, she officially joined the staff as Medical Director, and, since that time, has worked in a variety of leadership roles, including serving as the founding executive director of the clinic when it became an independent 501(c)(3) in 2004 and received health center grant funding.

As President and CEO today, she oversees all day-to-day operations of the organization, including clinical and administrative services. Abdishoo also maintains direct patient care at LACHC's Joshua House and Pico Aliso sites, and maintains board certification in Internal Medicine.

In 2017, LACHC cared for 10,075 patients through 29,371 medical exams, 5,415 dental visits and 4,317 mental health sessions. In addition to comprehensive healthcare, patients find kindness and compassion within their clinics.

For many, a visit to the LACHC clinics is a

reprieve from the isolation of homelessness. For some, these clinics are the only places where they are treated with the dignity everyone deserves. And all find judgment-free care, inspiration and open hearts ready to serve them - a rarity in our communities, where so many experience barriers and closed doors that constantly shut them out.

Patient care always comes first at LACHC. The staff continuously and strategically leverage anticipated and current changes in access to health care to infuse and wrap more care and supportive services around the more than 9,000 patients who call LACHC their health home. Their innovation is the fuel that marks partnerships and programs that are expanding optometry care; helping homeless diabetics; fighting pediatric obesity and offering more housing opportunities to their patients.

The goal is simple, but the pathway to the goal of quality access to comprehensive care for all is not. The LACHC mission to share God's love through delivering these

services, and care remains their inspiration. Their resolve to face the ongoing changes in healthcare with innovation and faith is firm. That's why last year they made some changes and expanded their reach by adding space and staffing to meet the needs of men, women and children who are experiencing homelessness, poverty and chronic illnesses. They added a new dental clinic at their Pico Aliso Clinic. And, in skid row, at their flagship clinic, Joshua House, they added five medical exam rooms, two social work areas, case management offices, two mental health rooms, a dental operatory, and an enrollment office to meet the growing needs.

In addition, LACHC also embarked on a project to replace the cramped and aged Joshua House Clinic. The plans for this new clinic include more innovation and a special association with The Skid Row Housing Trust, the premier permanent supportive housing developer in Los Angeles. LACHC is excited about this and you will hear more about their progress in the future. ○

# Program

*Continued from p. 2*



first bunny item given by Steve to Candace, a large stuffed bunny, which is now preserved in a glass case to keep it in pristine condition.

For visitors 13 years of age and older, the museum has a section they call the Chamber of Hop Horrors, which includes reference of how rabbits have been mistreated over the years and some information about bunnies collected by Hugh Hefner.

Fraze told us about how rabbits became symbols of fertility in most early cultures due to their ability to have a litter once a month. She told us the history of how rabbits and bunnies came

to be known as rabbits and bunnies. Due to the R-rated aspect of this history, I will not go into detail here how this nomenclature developed. If you are curious about this history, you should not have missed last week's meeting. However, if you visit the museum, you may learn about this adult-only history in the Chamber of Hop Horrors.

The Bunny Museum is a 501C3 with a board of advisors. The museum exhibits are located over 2 floors as well as on a patio. Membership to the museum costs \$65/year which gives your free access for the year. Otherwise the entrance fee is \$12/person, \$10 for seniors and military and \$8 for children.

Don't miss an opportunity to hop right over to this *Hoppiest place in the World* located here in Altadena.. **Tony Hill** ○

## Two New Members Inducted

Last week (July 18) it was a double pleasure for our Membership Chair, Frank Cunningham (far right in the photograph) to induct two new members into our club. Just to his right is Sonia Kwon, someone he is sponsoring.

All the way to the left of the photo is our Community Services Chair, Doug Colliflower. On his left is his sponsored inductee, Kelly Bennett.

Gentlemen, you may wish to take note that the percentage of the distaff side of membership is increasing.

Welcome to the Rotary Club of Altadena. We look forward to working with you and getting to know you a bit better. In the photo (l to r) Doug Colliflower, Kelly Bennett, Sonia Kwon, and Frank Cunningham. ☉



*Past President Sarah attending Phnom Penh Rotary Club's meeting in Cambodia Friday. Club Projects include distributing mosquito nets in villages following a recent outbreak of dengue fever, providing bikes in rural areas so children in remote villages can get to school, and supporting surgeries to treat MEC (meningioencephalocoe) - a rare condition causing deformity. Flag banners exchanged - greetings sent to Altadena Rotary Club members!*

The Rotary Club of Altadena Presents

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PEOPLE OF ACTION

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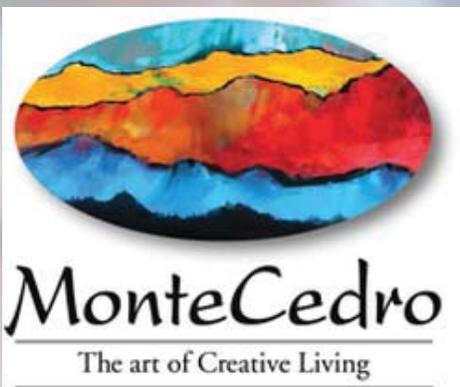
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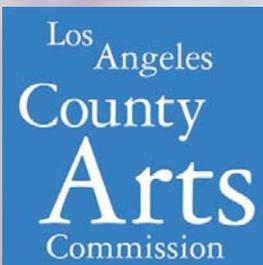
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### THE WHO EXPERIENCE

Presented by the Sheriff's Support Group of Altadena



## Altadena Rotary



AND Sponsors: Frank Cunningham of Gently Guided, a personalized senior living referral service;  
Georgia Rutherford in memory of Don Rutherford, first president of SSGA;

Thursday, August 1, 2019

Nick Santangelo - KC McCarthy - Audrey Scates - Steve Sadd - Steven Goldman - Ronnie Hudson

# BLUES CHANNEL



Michael Gliona's  
**1st Thursday  
BLUES**

**CONCERT + JAM**

Michael Gliona  
323-557 7606

## SPECIAL PRESENTATION

**Albert Trepagnier Jr. & Johnny D (John Dominguez) will receive the Living Legend Blues Award**

Barbara Morrison Performing Arts Center 4305 Degnan Blvd. L.A. CA 90008 310-462-1439

Admission \$10, \$5 Musicians - no cards please, cash only - Show at 8:30 pm