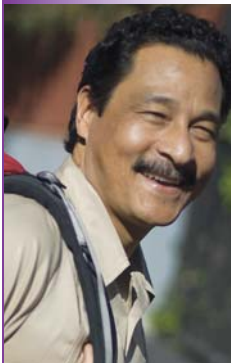


April 11, 2019

This Week



**Charles Thomas,
Executive Director
& Jorge Cortez,
Director of Operations,**

**Outward Bound
Adventures
Guest Program Host:
Mark Mariscal**

Local Youths

Learning Leadership Skills

Since its founding in 1962, this local Altadena Non-Profit organization, OBA, Inc. (also known as Outward Bound Adventures) has engaged more than 80,000 inner-city urban youth and families to the restorative effects of time spent in wild places and open spaces. OBA's innovative programs have increased environmental knowledge, physically and mentally challenged youth, helped them understand stewardship and its importance in their community, learning about the out of door, self-mastery and career opportunities.

On returning home, many partici-

Please turn to This Week p. 4

Call the Midwife!

*April is Maternal and
Child Health Month*

The British TV series, *Call the Midwife*, has become perhaps an unexpected *hit* for PBS in recent years and in many countries where it's screened. Based on memoirs, the show chronicles the lives of a group of midwives living in East London in the late 1950s to mid 1960s, who visit the expectant mothers of Poplar, providing the poorest women with the best possible care.

Surviving childbirth is still hazardous for mothers and babies in many parts of the world as well as the early years of life. An estimated 5.9 million children under the age of five die each year because of malnutrition, inadequate health care, and poor sanitation — all of which can be prevented.

Rotary provides education, immunizations, birth kits, and mobile health clinics. Women are taught how to prevent mother-to-infant HIV transmission, how to breastfeed, and how to protect themselves and their children from disease.

Many Rotary Clubs are making a difference. For example: Clubs in Japan and Brazil used a Rotary Foundation global grant to equip a hospital with lifesaving neonatal equipment. In Haiti, which has the highest maternal and infant mortality rate of any country in the western hemisphere, Rotary provided a fully equipped medical Jeep to volunteers and midwives to reach mothers and children in remote areas. Rotarians provided a mobile cancer screening unit

and aware-
ness training

in Chennai, where there is a high mortality rate of women with breast and cervical cancer due to late diagnosis. In Nigeria, where Altadena Rotary has close ties, a five-year, \$3m pilot was launched to save the lives of mothers and children during home deliveries. Since 2005, they've also repaired 1,500 obstetric fistulas — 500 more than their initial goal — restoring dignity and hope to vulnerable mothers.

Rotary programs improve women's access to skilled health personnel: doctors, nurses, midwives, or community health care workers. As we all know, Altadena Rotary is supporting the village of Mirge in Nepal. Interest in the village began when my mother trekked in the Himalayas at the start of her retirement. Her guide, Mahesh, mentioned that women were dying during childbirth because there was no healthcare in the village and no means to transport them safely down the mountain to Kathmandu, a precarious nine-hour drive away. To my mother, as to all of us, this seemed

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Greeter of the Week

April 11
Doug Colliflower

April 18
Craig Cox

April 25
Frank Cunningham

Program Review

Mosquitos: Interesting Little Suckers



Wow! Who would have thought mosquitoes could be so interesting.

But last Thursday's speaker, Levy Sun, told us everything we needed to know

about the tiny mosquito and more. Sun is the Public Information Officer for the San Gabriel Valley Mosquito & Vector Control. The job of this government office is to control mosquitoes and, in doing so, control the spread of disease.

Making his audience more interactive with the program, Sun handed out small handheld devices, which allowed all present to vote on various questions posed. For example he showed a picture of a bug that looked like a daddy-long-legs with wings and the question was whether this was a mosquito. The results produced by these voting machines indicated that the audience was about evenly split. The answer was that this was not a mosquito but a crane fly.

Some of the facts provided by Sun were that mosquitos do not swarm. The insects that swarm in this area are usually either fungus gnats or midges. Levy Sun



produced a chart showing how dangerous different animals are in the world, and the results were not as you would have thought. Sharks, for instance, kill about 10 people a year world wide. The second most dangerous in the chart was man. However, by far, the most dangerous animal is the mosquito, which kills about 725,000 people per year

Please turn to Program, p. 4

Sparks is published 48 weeks a year and is the official publication of the Rotary Club of Altadena. The deadline for submission of articles is Friday at 6p to current editor email, fax, or delivery.

Rotary Club of Altadena - #7183

Chartered: February 14, 1949

P.O. Box 414, Altadena, CA 91003

www.altadenarotary.com

Meets: Thursday, 12:10p

Altadena Town & Country Club

2290 Country Club Drive • Altadena, CA

626-794-7163

Rotary Int. Pres..... Ian H.S. Riseley
Dist 5300 Gov..... John Chase

Officers

Sarah O'Brien, Pres..... Bus. 626-796-5000
Mark Mariscal, Pres. Elec..... Bus. 310-902-6547
Steve Kerekes, V. Pres..... Bus. 626-351-8815
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Mike Noll, Treas..... Bus. 626-683-0515

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Mark Mariscal • Ed Jasnow
John Frykenberg • Dennis Mehringer
David Campbell • Sarah O'Brien • Mike Zoeller

Chairmen

Mark Mariscal..... Administration
David Smith..... Foundation
Charlie Wilson..... Asst. Foundation
Frank Cunningham..... Membership
Jacque Foreman..... Public Awareness
Jacque Foreman..... Acting Publicity
Jacque Foreman..... Sparks/Website
Mike Zoeller..... Club Projects
Doug Colliflower..... Community
David Smith..... International
To be Announced..... Asst. International
Tony Hill..... Youth Contests/Awards
Mike Zoeller..... Youth Projects
John Frykenberg..... Vocational
Editor, Design & Typesetting..... Foreman Graphics
Photography..... Jacque Foreman

Mosquito Imposters

Crane flies (aka mosquito hawks)

- Bigger than 3 inches
- Do not bite – only drink plant nectar



Fungus gnats / midges

- Same size as mosquito, but they SWARM



April Mom & Child Health

Program Chair: David Smith

April 04 - Levey Sun - Mosquito Abatement Division, LA County

April 11 - Charles Thomas - Executive Director, Outward Bound Adventures

Congratulations



Birthdays



06 - Candace Colliflower
09 Judy Cunningham
13 - Alice Hudson
18 - John Frykenberg
19 - Kimmet Haggins
24 - Frank Cunningham
29 - Mike Noll



Anniversaries



27 - Sterling & Olga Louviere

Become an Active Member: Connections made within Our Club Can Last a Lifetime



Membership in the Altadena Rotary Club offers you – as a new or continuing member – opportunities to connect with other professionals who aren't afraid to lead and are dedicated to making a difference. Spending time with your fellow club members – whether to attend a meeting, plan a project, exchange ideas, or just have fun – can lead to lifelong friendships.

When you get involved and make connections, you will inevitably grow as a

person and develop.

- **Share Your Ideas** with club leaders to help us achieve our goals, enhance our projects, and improve the member experience. Your suggestions could become the next big initiative in our club or community.
- * **Find a Mentor** or mentor another member to share professional expertise, community knowledge, and Rotary information.
- **Organize a Club Event or Service Project** and gain new skills and experiences like event planning, public

speaking, or managing volunteers.

- **Try a New Role.** Broaden your knowledge and apply your experience and skills in a club leadership role. Take the first step by asking where we need help. If you've already been in a club leadership role, try serving in a district role. Ask our district governor and governor-elect where your expertise and talents could be [most] useful.
- * **Become a Leader in Action.** Look for ways to participate in a leadership role and/or help others to participate in leadership roles.



In Memorium, Woo Lee, Former Member

Former member, Emi Tsuji called Jim Gorton last week to let him know that former member Woo Lee died on March 10. Checking old Rosters, Lee is listed as becoming a member in February of 1999 and is last listed in the 2003 – 2004 Roster.

Gorton reminded your editor that Lee was such an enthusiastic supporter of the Club that, at one time, something like one third of our members had been recruited by her. She was a realtor, but left that behind in 2004 when she moved up north to be near her daughters and grandchildren. She and her husband, Terry McQuigg, settled in a little Sacramento Delta town called Rio Vista, which is where Woo was living at the time of her death. Tsuji said that Lee passed away from a cerebral aneurism. She had unfortunately been suffering from Alzheimer's in recent years. Tsuji also said that the family decided not to have a memorial service, but asked that everyone remember Woo and all of her good deeds.

The photo was taken in 2004 and was sent to Gorton by Tsuji in case we published a notice of Lee's death in *Sparks*.



Program

Continued from p. 2

worldwide.

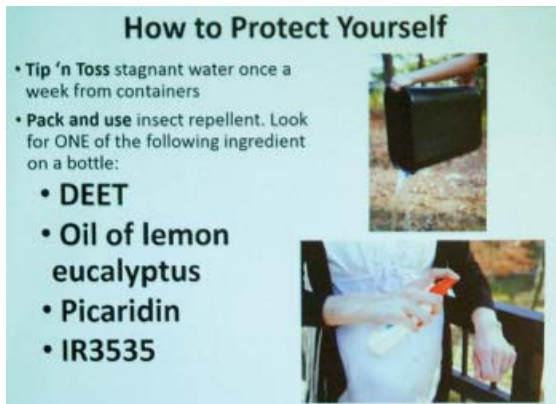
Mosquitoes are such a threat because they are prolific, laying eggs in stagnant water which is not hard to find. Sun talked about *urban drool*, which is a term applied to all of the standing water found in urban areas in such places as sewers, vacant homes, old tires. A capful of standing water is all it takes to generate a hundred new mosquitoes. An abandoned, untreated



swimming pool can create a habitat that produces 3 million new mosquitoes a month, covering a quarter mile radius around that pool. It takes only seven (7) days for a mosquito to transition from an egg to an adult. They use the blood they draw from us to create the eggs with 150 eggs being developed



to (small, brown, 1/4 in.), which is found all over Altadena, can transmit West Nile virus. A guest told us how he got West Nile virus from one of 4 mosquito bites he re-

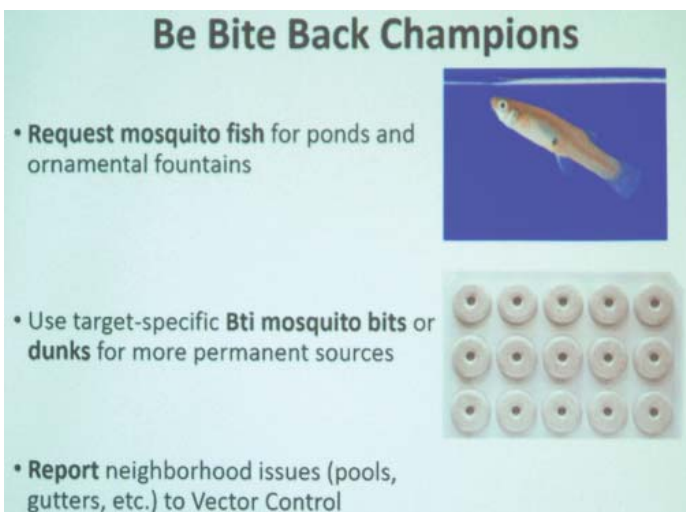


ceived in Farnsworth Park in Altadena. As a result he was bed ridden for a month. Such a bite causes flu-like symptoms in about 20 percent of those bitten, with a smaller portion of those actually succumbing to the virus.

Then there is the Aedes mosquito (black with white stripes) also in this area. They can transmit such things as yellow fever and Dengue fever. They are very aggressive biters (sometimes referred to as ankle biters). They are also referred to as the cockroach of mosquitoes because they are so difficult to get rid of. Some good news, the Anopheles mosquito – which can transmit malaria – is not found in this area.

In addition to a brochure loaded with info on mosquitos, and a cool wallet-sized magnifying card, we were each given a baggy of BTI bits – provided by Rene Amy – to put in our ponds and other standing water at our homes. These generate bacteria which will attack and kill the mosquito larvae.

Thankyous to Levy Sun and Rene Amy for these gifts, for letting us have use of



the voting machines and for all of the fascinating information on mosquitoes. We are now much better equipped to annihilate these little suckers. ○

This Week

Continued from p. 1

pants undergo transference of experiences that assist in upgrading academic performance and improving interpersonal skills. OBA is committed to providing access to the outdoors for urban families; to develop an environmental ethic in at-risk and urban youth through challenging learning trips; and to promoting greater diversity in outdoor recreation and environmental careers.

OBA uses the wilderness, urban communities and classroom settings to teach youth and families about the natural world. We engage them in long-term outdoor initiatives and environmental learning activities that promote self-mastery, accountability, health and community service.

OBA programs are successful because the organization makes it easy for youth and families to experience the advantages of being in the out of doors and wilderness areas. It does so by providing all that is needed to get there – the best of camping equipment (backpacks, sleeping bags, tents, boots, even warm clothes), transportation (we have our own vans), trained adult supervision, life changing programs, healthy food and culturally relevant instruction. ○



New member Dawn Digrius (left) accepts her permanent white badge from Membership Chair, Frnk Cunningham

A Tale of Two Clubs

by Bill Dawson,
a frequent visitor
from Belmont Rotary

While the two clubs are different, in some ways, they're the same in others.

• • •

As a sometime attendee at the Altadena Rotary Club, I have been asked to compare and contrast it to my hometown Belmont-Redwood Shores Rotary Club, located near Palo Alto on the San Francisco Peninsula.

Altadena Rotary is larger. Sadly, Belmont-Redwood Shores Rotary has declined in membership over the last couple of years from 35 to 25 members. However, help is on the way. Our current president is currently recruiting members from her real estate firm. Whether this will last longer than her presidency — and their employment — remains to be seen, but it's a start, and nice to have some new faces and ideas.

Belmont Rotary has fewer rituals. We do

a Pledge of Allegiance at the beginning, and the Four-Way Test at the end. That's it. No songs; no prayers.

Altadena has a bigger, nicer venue. Belmont's previous lunch location closed down, and we are now in a somewhat cramped space, eating around a horse shoe-shaped table. Altadena's dining room is Versailles by comparison.

Belmont has more women. Women account for at least half of our members. Most of them are realtors. They are efficient and effective.

Belmont gives away a lot of cars. We are allied with the local Veterans Administration Hospital. Any member with a used car turns it over to one of our auto shop owner-members (we have two) to repair it. The vehicle is then donated to an injured veteran chosen by the VA. The veteran comes to a meeting,

brings his or her family, poses for photos, and drives off. We all get choked up.

Our clubs are in different worlds:

↔ *Altadena Rotarians* are surrounded by the entertainment and space industries. Their homes have been in movies, or on TV. Some of them work at JPL and send up stuff into space.

↔ *Belmont Rotary* is in the midst of Facebook, Google, Apple, and Yahoo, which are all crowded into a very small place: the San Francisco Peninsula. Since there's not enough room, all conversations lead to the price of real estate.

Despite these differences between the clubs, the camaraderie is the same, the sense of purpose is the same, and the desire to do good is the same. It is a privilege and a pleasure to be able to participate in both clubs



In Tune

Continued from p. 1

unacceptable and preventable! With Rotary's help and others, action was taken! A little Health Post was set up and equipped. Volunteer medics headed to the village to conduct basic training. A vehicle suitable for mountain terrain was also donated as an ambulance. Women in the village trained as midwives and became quite the tour de force in the village, as it turns out! I was able to reach the founders of *Luminaid* very soon after the company was created, and they generously donated an inflatable solar-cell powered light so

that home deliveries at night would be safer.

The Luminaid and other basic equipment was presented in a bag to each midwife,

which they still carry with pride. When asked what they would like to do aside from their work in the village, they said they would like to rent a bus and visit the city for a day. With a little financial help from friends overseas, they did, and it must have been a huge culture shock for some! As plans develop for the hospital construction in Mirge, Altadena Rotary will continue to be involved in the care of women and children — some of whom may grow up to become doctors and midwives themselves!



Mirge midwives holding bags that contain Luminaid lights

Join us at the Altadena Chamber's Premiere Mix and Mingle Evening

Thursday, April 25, 2019
5:00 - 7:00 p.m.

Co-Sponsored by **Grocery Outlet**
and the **Rotary Club of Altadena**



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Free for members to attend
\$5 for non-members

All non-member fees will be donated to
The Marion Lee Wullschlager Scholarship Fund

Join the Altadena Chamber at the Mix and Mingle and your \$5 entrance fee will be applied to your Membership
AND you can take 10% off your first year membership, tonight only.



And pick up a copy
of the 2018 Business Directory

April 1, 2019

An Invitation from Nick Santangelo whose band is performing at this event

Dear Friend,

The Campbell Center is proud to announce a new fundraiser, "**Bubbles & Blues**," to benefit The Campbell Arts Academy (TCAA).

The Campbell Arts Academy provides an option for integrated services through life enriching arts-based experiences, events and gallery shows. The goal of TCAA is to:

- ✚ Discover upcoming Artists, maximize their talent and support self-employment as an outcome.
- ✚ Provide a creative environment to promote personal growth and community integration for our Artists

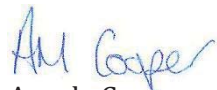
"**Bubbles & Blues**" will be held on **Saturday, May 18, 2018** at the **Pickwick Banquet Center** in **Burbank**. This event will feature an Art Exhibit and Art for sale by our TCAA artists, spectacular mix performances of Blues, Jump and Swing provided by **The Blues Channel**, a complimentary champagne reception, dancing, and opportunities to dedicate songs played by the band for a small contribution.

This event would not be possible without the support of friends like you. We hope you will consider participating in this year's event as a **Sponsor**. Your participation will make it possible for us to reach our ultimate goal.

Attached, you will find a Sponsorship Opportunities form which lists the various benefits of each level. Please let us know if you have any questions or need additional information.

Thank you in advance for your consideration. We look forward to a great evening of art, music and dancing in support of our talented artists.

Warmly,



Angela Cooper
Director of Employment



Sandy Moreno
Chief Executive Officer (CEO)

Attachment



**Altadena
Libraries**

**Second Saturdays, 6:30pm
at the Altadena Main Library
600 E. Mariposa Avenue**

Second Saturdays



October 13*

Upstream
Reggae, Soca, Caribbean

November 10

Past Action Heroes
80s & 90s Covers

January 12

Pasadena Playboys
Country

February 9

JazzZone
Smooth Jazz, R&B

March 9

**The Allan Wasserman
Jazz Ensemble**
Jazz

April 13

Sangre Nueva
Salsa

May 11

The Leapin' Lizards
Rockabilly, Blues, Swing

June 8

Harbor Groove
Latin Rock

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*October 13th's Second Saturday Concert is sponsored by the office of Los Angeles County Supervisor Kathryn Barger.