

## This Week

**Reggie Wilkins**  
**Member of the**  
**Altadena Town**  
**Council & Amateur**  
**Astronomer**  
**Program Host:**  
**Maria Perez-Anton**

Dr. Reginald Wilkins is currently a Project Manager of Measurement and Evaluation at a major southern California utility. He received his Doctorate in Economics from Claremont Graduate University and his Bachelors of Economics from the University of California at Santa Barbara.

Wilkins leads the company's energy efficiency research portfolio for non-residential customers. In this role, he manages all study aspects, including proposals, design, development, budgeting, invoicing, cofounding, reporting, and other relevant study tasks. In this role, he is also responsible for integrating study findings into program planning, regulatory positions and strategy.

Wilkins has also worked in competitive

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## Thank You for Isabel's Warm Welcome

A heartfelt thanks to Altadena Rotary Club members for making Isabel so welcome at last week's meeting.

Also for the kind wishes, gifts and parenting tips — all truly appreciated! My massager gift from the Board will also be very beneficial. Carrying a cello is nothing — compared to the weight of a toddler — I'm discovering!

The trip to China was intense and wonderful in every way, with hundreds of photos and cherished

moments to share with more time to select and prepare an account of the adventure.

On reflection, I have been visiting China since the 1990s when Yanni staged his Tribute concert at the Forbidden City followed by a three-week tour, which was unheard of for a Western artist at that time. Beijing was full of bicycles, not cars and pollution. Tea houses and red lanterns adorned the streets

and one didn't take one's life into one's



*Isabel starts the meeting*

their feet. Goodwill was not as forthcoming

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*In Tune* by Sarah O'Brien, President

road. I still have my passport visa stamped "Must Not Incite The Audience To Stand, Dance Or Clap." Military personnel stood in the wings throughout the concert halls as we performed — a little like the concert scene towards the end of *The Sound of Music*. However, part way through the second week, the audience *broke ranks*, got on their feet and had a great time. Even some of the soldiers could be seen tapping

## Greeter of the Week

September 20  
Theo Clarke

September 27  
Doug Colliflower

October 04  
Craig Cox

# Program Review

## Playing Chicken



That's what last week's speaker, Su Falcon, does every day. She is the author of a

book entitled, *How I Survived My First Year with Chickens*. She recommends reading this book before starting your own adventure with chickens. Several years ago, Falcon's 14-year old cat died. She pondered how to replace it. She didn't want another

cat, and dogs dig holes, so they were eliminated. She decided on chickens. She raises organic food in her garden, and she thought that the chickens would be helpful in this endeavor.

Unfortunately, she discovered that they eat what she grows. She wound up having to fence off her garden. Chickens, she discovered, eat almost anything, including chicken. They consume any kind of bug, which is helpful for the garden. She calls them *pets with benefits*. She gets about three dozen eggs a week, and they are truly delicious, way better than the eggs you get in a restaurant. She consumes about two dozen eggs a week, so she winds up giving away a dozen eggs a week to her friends.

During World War II, the FDA was encouraging people to raise chickens in order to send the eggs overseas for the troops. Falcon started out with a few new born chicks, some of which died. She figured out that the first year, she was spending \$90 per dozen eggs. She now has ten chickens, which is the legal limit in Pasadena. You cannot keep roosters because of the noise factor.

She does what she calls *chicken math*. She had three chickens, one died, she got four from a friend. Then, she got a rescue chicken, a skinny Mexican game chicken named Harriet, who was at the bottom of the pecking order. Harriet is wild and crazy. Every once in a while, chickens get what

they call *broody*.

They think they're hatching chicks, even though the eggs are unfertilized.



Falcon bought three fertilized eggs for Harriet to hatch. Two of the eggs hatched, and Harriet, even though she was at the bottom of the pecking order, defended her chicks against the rest of the flock. When they were five weeks old, she kicked them out to fend for themselves.

Falcon's later hatchings were two cockerels, which are males under one year old. After one year, they are known as roosters. Female chickens under one year are called pullets.

This was a fascinating look into the world of raising chickens. Many thanks to Su Falcon for providing this.

Ed Jasnow

Sparks is published 48 weeks a year and is the official publication of the Rotary Club of Altadena. The deadline for submission of articles is Friday at 6p to current editor email, fax, or delivery.

### Rotary Club of Altadena - #7183

Chartered: February 14, 1949

P.O. Box 414, Altadena, CA 91003

www.altadenarotary.com

Meets: Thursday, 12:10p

Altadena Town & Country Club

2290 Country Club Drive • Altadena, CA

626-794-7163

Rotary Int. Pres. .... Ian H.S. Riseley  
Dist 5300 Gov. .... John Chase

### Officers

Sarah O'Brien, Pres. .... Bus. 626-796-5000  
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Steve Kerekes, V. Pres. .... Bus. 626-351-8815  
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Mike Noll, Trea. .... Bus. 626-683-0515

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John Frykenberg • Dennis Mehringer  
David Campbell • Sarah O'Brien • Mike Zoeller

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Charlie Wilson ..... Asst. Foundation  
Frank Cunningham ..... Membership  
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Jacque Foreman ..... Acting Publicity  
Jacque Foreman ..... Sparks/Website  
Mike Zoeller ..... Club Projects  
Doug Colliflower ..... Community  
David Smith ..... International  
To be Announced ..... Asst. International  
Tony Hill ..... Youth Contests/Awards  
Mike Zoeller ..... Youth Projects  
John Frykenberg ..... Vocational  
Editor, Design & Typesetting ..... Foreman Graphics  
Photography ..... Jacque Foreman

## September

### Education & Literacy

Program Chair: Maria Perez-Anton

13 - Su Falcon, *Precision Wordage - Back Yard Chickens*

20 - Reggie Wilkins, *Celestial Glories*

27 - Deborah Lewis - *Audio Books*

## Congratulations



### Birthdays



07 - Robert Smith (Dawn Digrius)  
13 - Boyd Hudson  
17 - Dennis Mehringer  
19 - Bob Collinge  
21 - Doug Colliflower  
22 - Etta McCurry



### Anniversaries



01 - Mark & Paula Mariscal  
13 - Boyd & Alice Hudson



## The World for Us to Support



**T**his Rotary year, our club has allocated \$10,000. The allocation is as follows: \$5,500 for the Mirge School House Project in Nepal, \$2,500 for the Cambodian

Self-Help De-mining Project, \$1,000 Team India Dam Project, \$1,000 for the District Governor's Rotoplast Project. More information will be shared in future articles.

A few weeks ago, President Sarah's parents spoke specifically about the Mirge School House Project in Nepal. If you

missed that article in Sparks (August 30), go back and learn about this important project that our club is helping to support. This past Thursday, we had a visiting international Rotarian, Mr. Tsunehiro Hirano from Japan and a visiting Rotarian from Honolulu club, Ms. Eri Tanaka. For those of us sitting with them during lunch, we were able to hear how their clubs engage in International projects too. Wow, the power of Rotary all over the world making a difference.

Over the last 12 years, our small club has raised and spent more than \$100,000 on International projects. These funds come from our members and investments. When these funds were matched at the District level and

with the Rotary International Foundation, more than \$250,000 was probably spent towards the different projects.

For the adventurer in you, International Projects organized by other clubs do allow volunteers to participate. You would have to pay your own expenses to participate. Usually, all you have to do is look on the District 5300 website calendar. As of now, there is a project of one-day house building in Mexicali Mexico scheduled for January 6. Other Rotary Districts have projects too that allow Rotarians from any club (again, must pay your own way). If you need some assistance in finding out more about this, please don't hesitate to ask me. ○

## In Tune

*Continued from p. 1*

ing at the Forbidden City itself when a naive cameraman perched on a tower decided to pan around for an aerial view, which included neighbouring Tiananmen Square. He was promptly arrested and his footage confiscated. Dragon dancers were searched in case they *bumped* off officials in the audience with weapons hidden in the dragon's tail, but everyone survived and Chinese audiences – and officials – have been warm and welcoming as trust has built in the years to come.

China's advancement in today's modern age is well-known and relentless in many ways. Yet, I am always happy to see aspects of the culture that survive. A moment to sip tea in the midst of a hectic day, watch tai chi in the park or older couples dancing beside

a lake, is a reminder of family, tradition and a deep-rooted culture that technology can't touch. The food also remains wild and wonderful – I have eaten silk-worm cocoons and scorpions in the past, but did not indulge in worms and water beetles this trip! As my translator reminded me, the Chinese will eat anything that moves.

My lasting impression will be of the joy-

ful parents who were also concluding their long wait to meet their new son or daughter in China and prepare for new family life in the US. As I mentioned at the Club, many of these children had special needs or serious health conditions, and some will face medical challenges ahead.

God Bless them all and I wish those families the very best ○

## This Week

*Continued from p. 1*

market research roles in a major insurance company, as well as a boutique market research firm. He began his research career in organizational research in a major California-based HMO.

Wilkins is a California native and attend-

ed Monterey High School. He currently lives in Southern California with his wife and two young boys.

He is also an astronomer with the Sidewalk Astronomers of Monrovia California and loves cycling, soccer and golf. ○

# Los Angeles County Sheriff's Department Reserve Deputy Program

Back in the 1800s, the Sheriff would look to the community to form a posse and deputize citizens to assist him in the apprehension of horse thieves, murderers, or other criminals. Thankfully, we have thousands of full-time deputies to perform those duties today, but, in 2018, just like the 1800s, the Sheriff is looking to the community to find citizens to volunteer and help by becoming reserve deputy sheriffs.

Reserve deputies undergo the same training and background checks that full-time deputies receive. It's a year-long process, but, after graduation, reserve deputies can perform a wide array of duties and service to the community.

The *Los Angeles County Sheriff's Department Reserve Program* is one of the largest in the country, with over 600 all-volunteer sworn reserve deputy sheriffs. Last year they worked 182,000 hours keeping the citizens of Los Angeles County safe. Those 182,000 hours represent millions of dollars in savings to taxpayers.

Patrolling our communities is only one of many functions performed by reserve deputies. Lifesaving search and rescue missions are performed every week by reserves as part of the Los Angeles County Sheriff's Department's Search and Rescue Program. Last year reserve deputy sheriffs performed 684 missions throughout the county, saving countless lives.

Another opportunity for reserve deputy sheriffs to serve is by becoming a member of the Sheriff's Department's Posse. Posse members work patrolling trails and various community events on horseback.

Reserve deputies also help solve crimes by working in many of the Sheriff's Department's detective units, such as Homicide Bureau, Narcotics Bureau, Fraud and Cyber Crime Bureau, and Special Victims Bureau. We also have reserves who ride street and off-road motorcycles for the Department.

Reserve deputies come from all walks of life and from a wide variety of professions. The common thread of all is a burning desire to give back to their community and assist their fellow citizens.

If you are interested in signing up – just like citizens did over a 150 years ago – there is a reserve deputy academy scheduled to start in February 2019. Please contact the Los Angeles County Sheriff's Department Reserve Forces Detail at 323-526-5100 and ask for Assistant Director Mike Leum to get started.



JOIN US FOR THE 2<sup>ND</sup> ANNUAL



TICKETS  
START AT \$50

# To Plant a Garden

...is to believe in **tomorrow.**

Saturday, September 29

7:00PM - 9:30PM

at the Altadena Main Library

600 E. Mariposa Street, Altadena 91001

Wine & Food Tastings – Mystery Wine Pull  
Silent Auction – Musical Entertainment

Benefiting the Altadena Library Foundation



*Purchase tickets and sponsorships online:*

**TASTE OF DENA 2018.EVENTBRITE.COM**



# MOVING

## ON UP!

FREE EXPERT  
GUIDANCE!



**WHEN:** Tuesday, October 9<sup>th</sup>  
9:00am - 10:45am

*Doors open at 8:30pm (Light breakfast and coffee provided)*

**WHERE:**

Altadena Community Center  
730 E. Altadena Drive, Altadena 91001

**COST:** FREE

*Registration is required. Seating is limited.*

**Topics Included:**

- What to do with the equity from your home after the sale
- Taking the confusion out of finding the right senior community
- How to overcome the fear and anxiety when facing a major life change
- How to navigate and prepare for a move from your long time home



Howard Raff  
*Financial Planner*



Frank Cunningham  
*CarePatrol*



Karen Saliba  
*Psychoanalyst*



C. Jake and  
Doug Colliflower  
*Altadena Realty Group*

For speaker and program details and to register, visit  
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