

November 10, 2016

## This Week

### Meet the Rose Queen and Her Court

*At the Rotary Club of San Marino*

### Guest Program Host: San Marino Rotary

This week we will be joining the Rotary Club of San Marino to meet the Rose Queen and her court. The meeting will begin at noon and will be held at

**San Marino Community Church,  
1750 Virginia Rd. San Marino**  
(cross-street: south of Huntington Dr.)



You will have a chance to meet and talk with these fine young ladies. Each in turn will tell us a bit about herself and her future plans for school and career.



#### **Please Remember:**

Go to  
San Marino Community Church.  
Our meeting is there this week  
November 10  
to meet the  
Rose Queen and her Court



## Managing the Year-End Whirl

*Taken from Parenting Solutions by Kris Imherr — Scouting Magazine, Nov.-Dec. 2004*

**D**ecember 31 is less than two months away. Did you keep any of the New Year's resolutions you made for 2016?

No matter. You still have time to make and keep this useful one: *Resolve to have happier, less stressful year-end holidays this year.*

As a starter, consider the following five tips. They're designed to help you and your children simplify and manage the holiday whirl from Thanksgiving to January 1, so that everyone is still sane, not broke, and happy come January 2.

#### **Begin with Yourself**

"To focus anew on enjoying the holidays," says clinical psychologist Dr. Pauline Wallin of Camp Hill, Pa., "be selective in what you're going to do. Be realistic about your expectations."

Dr. Wallin says, "You can get an idea of what is important to you by remembering your own childhood holidays. What did you like? What didn't you like?"

"Besides choosing what you want to do,

decide what you're not going to do."

"By giving yourself permission to not do some things," says Dr. Wallin, "then you can use your energy to do *well* what you do decide to do."

#### **Hold a Family Meeting**

Once you know your priorities, hold a meeting — it need not be long or formal — to make a family agenda.

"Not only will you work out a schedule," says Dr. Wallin, "but when you involve your kids in planning something, and you get them to volunteer for doing things, they're more likely to follow through. They feel like they're part of the family, like [the holidays aren't] just 'How many gifts am I going to

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## Greeters

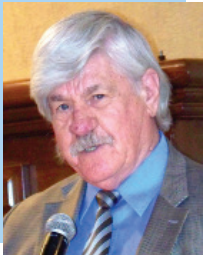
November 10  
**Sterling Louviere**

November 17  
**Tom McCurry**

November 24  
**Thanksgiving: No Meeting (Dark)**

# Program Review

## “Parks Make Life Better” Mike Mariscal’s Words to Live By



This past week we heard the craft talk from our newest member, Mark Mariscal. He is new to our Rotary Club of Altadena, however he is not new to Rotary, having been a member of LA 5 for many years. Mariscal is

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### Rotary Club of Altadena - #7183

Chartered: February 14, 1949  
P.O. Box 414, Altadena, CA 91003  
www.altadenarotary.com  
Meets: Thursday, 12:10p  
Altadena Town & Country Club  
2290 Country Club Drive • Altadena, CA  
626-794-7163

Rotary Int. Pres.....John F. Germ  
Dist 5300 Gov.....Luciano “Lu” de Sylva

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Ray Carlson.....Vocational  
Tom McCurry.....Asst. Vocational

Editor, Design & Typesetting.....Foreman Graphics  
Photography.....Jacque Foreman

transferring to Altadena Rotary as our Club is a little more convenient because he and his wife are now living in Altadena, and his career demands are slowing down a bit.

Mariscal told us that he was born and raised in the Silverlake area of Los Angeles. He fell in love with the great outdoors as a member of the Boy Scouts, eventually becoming an Eagle Scout – hear that Charlie. The interest he had developed in the outdoors led him to choose a career path working in local government with *Parks & Recreation* or *Recreation and Parks*, as it was called by LA City where he got his first job.

He eventually left his job with LA City for a stint in the Air Force, after which he returned to Parks and Rec work with the City of Monterey, California. As his work allowed him to work on numerous projects that greatly benefitted the community that he worked in, the way Mariscal saw it, his work was his service. Nevertheless, to provide even more service to his community, he joined LA5 Rotary Club in Los Angeles. While there he worked on coordinating transportation services for Rotary visitors to Los Angeles when LA hosted the Rotary International Conference in 2008.

Mariscal has been involved in major proj-

### November Rotary Foundation

#### Program Chair, Jim Gorton

November 10 - Meeting at San Marino  
Rotary - Meet the Rose Queen & Court  
November 17 - To be Announced



ects during his career in working in the great outdoors. For example he advised us that, in 1999 as Executive Director, he oversaw the rebuilding of the LA Swim Stadium at Exposition Park for the Olympics when they were held in LA – a \$35M project. He also oversaw the renovation of the Griffith

*Please turn to Program, p.3*

### Congratulations



#### Birthdays



11/06 - Mindy Kittay  
11/08 - Steerling Louviere  
11/13 - Ed Jasnow  
11/20 - Steve Kerekes  
11/26 - Ray Carlson  
11/26 - Roger Fennell



#### Anniversaries

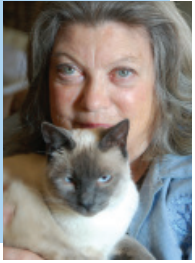


11/01 - Jacque Foreman & Bruce Conroy



## Have you heard of **ALTADENA NOW?**

*We may have an outlet for our publicity*



**W**ell, I hadn't. Craig Cox emailed me and asked if I could get us some

publicity for our *Bike Assembly Project* on Saturday, November 19. I said I would do what I could.

My first idea was to use *Altadena Patch*, but the *Patch* system won't let me have two accounts with them. I have one in La Canada because I'm the publicity person for my BNI [Business Network International] Chapter. But advertising Altadena Rotary in La Canada does not seem particularly fruitful. So I continued my search with Google. What I found was *Altadena Now*. I wrote a short article and sent it to their email address. Their publisher wrote back and asked for a photo.

I found the Pasadena Rotary website and



*The 100 bicycles assembled last year by Pasadena Rotary*

sent a request for a photo. I told Cox that I had asked for but had not yet received a photo. I did finally receive a couple of photos. Cox has better contacts than I, and this photo was sent to him. Because this photo is so much better for our purposes

than what I was sent, I forwarded this photo to *Altadena Now* as well. I called *The Star News* and was given three names to whom I also sent my article.

In addition, I sent my article to Dr. David Campbell for our FaceBook page. ○

## Program

*Continued from p.2*

Observatory, a project that many of us will recall because the Observatory was shut down for about two years — a \$95M project.

He also helped with the passage of the Library parcel tax to save the libraries from repeatedly having to beg for funding. He encouraged us to vote yes on **Measure A** in the upcoming election. Similar to the Library parcel tax, this will provide funding for the improvement of public schools for such things as getting rid of the asphalt

in the school yards and replacing it with grass — something Mariscal has wanted since he was a child — what a concept. He figured out that such an essential program will only cost him, and similarly most of us, only approximately 22 and one-half cents (0.225) per year.

Currently serving as President of the California Parks and Rec Society, parks, open spaces and green spaces remain Mariscal's life long passions. He believes they are

important to the quality of life of all of us and are important to the preservation of the future of our communities. For example, He advised how proper management of the green spaces is helping in our current water shortage issues by providing watershed benefits.

To sum up, Mark Mariscal gave us the letters *PMLB* as the symbol of the words that he lives by: *Parks Make Life Better*. Who can argue with that? Tony Hill ○

# Scout's

*Continued from p. 1*

get?" So involving the children gets both their participation and their cooperation."

## **Use a Reward System for School Projects**

"Set aside time, maybe an hour or two daily, during which doing homework is *nonnegotiable*," says Dr. Wallin.

If a parent is a procrastinator, "then your kid will be one," Dr. Wallin observes. A goal for an adult who has trouble meeting deadlines is "to learn how to set a good example for your child," she says.

## **Set Limits on Social Events, Gift Giving, and Greeting Cards**

You don't have to be a social butterfly for your calendar to suddenly overflow with school activities, religious programs, community functions, and parties with family and friends at year's end.

If you can't—or don't want to—attend them all, decide which are mandatory and which are the most meaningful to you, the

experts advise.

To manage the gift-giving process within your immediate family, Dr. Wallin says, "You should first ask your kids: What did they get [as gifts] last year? See if they can remember." Chances are, they won't be able to.

"If you don't make a big deal out of the gifts, your children won't either," she says. "Of course people want to give gifts, but you don't have to spend a thousand dollars on each kid."

"There's a point at which you have to draw the line on greeting cards, too," Dr. Wallin says. "If you have 300 cards to write, that takes time away from more meaningful activities. So I would just send cards to people that you want to keep in touch with, not that you feel obligated to keep in touch with."

## **Do Something for Others**

If you or family members want to give of yourselves but feel that making another

holiday commitment will only add stress, "there's another way to go about it, a random act of kindness every day," Dr. Wallin points out. For Example:

- Hold the door at your synagogue or church;
- Let someone go ahead of you in a department store line;
- Get a stranger a shopping cart.

"Doing small, benevolent acts as you're out and about not only helps others," Dr. Wallin says, "it helps you truly enjoy the season."

Resolving to have happier, less-stressful year-end holidays is one resolution that is worth every family's attention. Managing and simplifying the added tasks and activities that come in November and December with your family's personal strategies won't be easy, but the payoff will most certainly be one of the best gifts you can give yourselves this year. ○

## *Form & Line* by Jacque Foreman

My husband, Bruce Conroy, handed me this article and asked if I had heard about it. I thought some of you might not have heard about this either.

In an October 25, 2016 article, *The Wall Street Journal* says that billionaire Bill Gates is attracting help for the fight against polio from some of his fellow billionaire philanthropists, i.e., former NY City Mayor, Michael Bloomberg is adding \$25 million to the \$100 million he has already donated; Ray Dalio, chairman and co-chief investment officer of Bridgewater Associates LP, is adding \$30 million to the \$50 million they have already donated; and an anonymous donor is contributing \$15 million.

The article goes on to quote Gates — co-chair of the Bill & Melinda Gates Foundation

— who said that this \$70 million in new money will help cover the costs of the polio-eradication effort that has been extended by about 18 months. The Gates Foundation is a major funder of polio eradication and a partner with the Global Polio Eradication Initiative (GPEI), a public-private group.

Gates, continuing his interview, went on to say that, "This [influx of money] allows us not to have to cut corners, but do everything right to give us the best chance of getting it done. . . . We're really trying to seize the opportunity where we are so close."

In 2013, the GPEI laid out a plan to wipe out polio in 2018. That would have culminated more than 30 years of eradication efforts by governments and multiple organizations. But there have been difficulties over the

## **Billionaires give Polio Fight a Booster Shot**

past several years reaching and vaccinating children in conflict zones, enduring violent attacks on health workers carrying out the campaigns, and other problems. Thus, they have been forced to push the deadline back to 2019.

And now Gates estimates eradication will take until 2020. To achieve that, the last case of polio would have to be recorded in 2017, followed by a three-year period of no recorded cases to ensure the virus isn't still circulating.

*I am saddened to find that no mention is made in this article by writer Betsy McKay of the billions of dollars raised and donated by Rotary members and that it was Rotarians who started the effort to eradicate polio in the first place.* ○



# Second Saturday Concerts

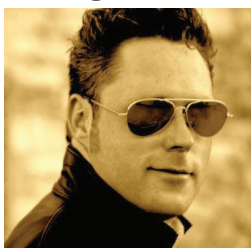
Second Saturday's *Mostly!*  
from 6:30 to 8:30 pm

Listen to great music as you sip beer and wine from The Ale House; savor grilled eats from El Patron; and sample delectable desserts from Sweeter Than Honey.



**Kenny Sara and the Sounds of New Orleans** returning to the Altadena Library playing New Orleans music along with various other styles and favorites. Raised in New Orleans, Kenny lives in Altadena with his wife.

[www.kkaremusic.com](http://www.kkaremusic.com). **November 12**



**Young Dempsey** Sprinkle in music from the 50s to 80s with dancing and you get that explosive concoction known as Young Dempsey – a band of “dudes” made up of Drewin Young, Josh Jones, Mac Lake and Marc Doten – that bring back that hot-rodded nostalgic doo wop and country sound.. **December 3 (First Saturday)**

**Todd Washington Trio** will entertain with a mix of blues, folk, rock, soul and gospel. The band's lead singer, TMax, has performed with Chaka Kahn, Katy Perry, Earth Wind & Fire, Taj Mahal, Sarah Brightman, Michelle Shocked and other top artists. **January 14, 2017**

**Louis Van Taylor Quintet.** Louis has performed with Kool and Gang Band and The Gerald Wilson Orchestra. Louis played in June with JazzZone at the Library and it was fantastic – don't miss it! [www.plazanoir.com/louis-van-taylor-2/](http://www.plazanoir.com/louis-van-taylor-2/) **February 11**



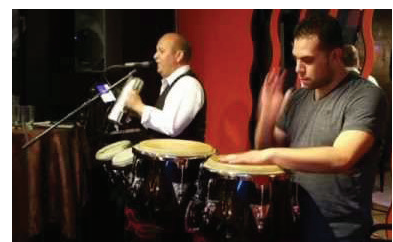
**DeRumba** Bringing the sound of the Spanish guitar to the beat of the gypsy rumba – these musicians are AMAZING! [www.facebook.com/Derumba](http://www.facebook.com/Derumba) **March 11**



**Splish Splash Band** is an acoustic classic rock, folk 'n blues band made up of Pierce Brochetti and Dolores D'Angelo. They take you through time playing tunes from the '60s to the '90s and all the way to the present with a few originals thrown in the mix. [www.Facebook.com/SplishSplashBand](http://www.Facebook.com/SplishSplashBand). **April 8**



**Michael Haggins Band** combines funk and smooth jazz with a taste of old school, having been inspired by Stanley Clarke, Isley Brothers, George Duke, Earth Wind & Fire, and many others. [www.MichaelHaggins.com](http://www.MichaelHaggins.com) **May 13**



600 East Mariposa  
Altadena | 626 798 0833  
[www.AltadenaLibrary.org](http://www.AltadenaLibrary.org)



# Holiday Traditions

Look no further for the very best of Christmas! The Santa Clarita Master Chorale and the Santa Clarita Ballet are joining artistic talents to present the classical fave, Handel's "Messiah," with choreography to complement the choruses of this beloved work. Plus, our Children and Youth Choirs will join us on stage for a carol sing-along and a feast of favorite holiday tunes.

2016-2017  
CONCERT SEASON  
ALLAN ROBERT PETKER,  
ARTISTIC DIRECTOR



**Sunday, December 11 - 3:30 pm**

**\$29/22/15 - Adults**

**\$24/17/11 - Seniors(60+)/Students**

Santa Clarita Performing Arts Center at College of the Canyons, 26455 Rockwell Canyon Road

**Tickets available at [www.scmasterchorale.org](http://www.scmasterchorale.org)**

**call (661)362-5304 info (661)254-8886**

These concerts are made possible, in part, by grants from the Los Angeles County Arts Commission, the City of Santa Clarita, and Los Angeles County Supervisor Michael D. Antonovich.







*You are cordially invited  
to our  
Christmas Party*

*Thursday Evening  
December 22, 2016*

*6:00 to 9:30pm*



*Pinocchio's  
1449 N. Lake Avenue  
Pasadena*



*\$25 per Person*

*Register on Club Runner*

*Plan to join your fellow Rotarians with  
your Significant Other  
for an evening of Fellowship and Merry Making  
as we Celebrate the Holidays*

