

August 07, 2014

This Week
Laura Cazares
Thought to Thing:
The Power of
Vision

The power of
designing and
defining your vision to
change your life
Program Host:
Tom McCurry

Laura Cazares empowers people to have renewed purpose, passion, and possibility. She brings more than 27 years of experience in speaking, coaching, teaching, and working with professionals and entrepreneurs.

Cazares holds BS and MS degrees in Chemistry. She has been a high school teacher, water quality project manager, entertainment IT professional, and marketing director. She is a graduate of Coach U, is a certified Dream Builder coach and Life Mastery Consultant, and has been a player of The Ultimate Game of Life.



REFLECTIONS
 by Hal Yorke, President
REFLECTIONS?

On Neanderthals

In spite of the differences in the outward appearances of people of different ethnicity and color, modern humans are considered to be a single species. There was a time, however, when modern man shared the Earth with another intelligent species: the Neanderthals. First appearing between 200,000 and 250,000 years ago, the exact date of their extinction is disputed — most likely between 40,000 and 30,000 years ago. Since modern man has been around at least some 50,000 years (some researchers believe 80,000 years) and to some degree co-located with Neanderthals, scientists generally agree that the two species of humans have interacted with one another in the past. There is even DNA evidence of interbreeding; Neanderthal genes are present in non-African humans, namely in both Europeans and Asians.

Neanderthals have generally been portrayed in popular culture in a rather unflattering light. They appear in commercials, comedies and movies as rather

beastly creatures, emphasizing hairiness and ape-like facial features. According to modern folklore, they are a bit clumsy and dumb, which is why they are now extinct. They just couldn't compete with the more agile, smarter homo sapiens sapiens, who replaced them.

There are a few problems with this popular portrayal, however:

- Neanderthals had larger brains than modern humans.
- About the same height, they were more robustly built, with barrel chests but shorter arms.
- They had no more facial hair than

Please turn to Reflections, p. 3

Greeters

August 07

David Smith

August 14

Santosh Srivastava

August 21

Linda Wilkes

Program Review



Jeanie Edwards is a health, safety and disaster instructor in San Gabriel Valley. She helps families and organizations be disaster and emergency ready. On Thursday she helped the Rotary club improve our 9-1-1 skills so that we can better protect ourselves and assist first responders.

Edwards encouraged everyone to have a land line with a corded phone in their home or office. The 9-1-1 system was

started in 1968. With a land line, a 9-1-1 call goes directly to a local dispatcher with the address information. There is no need to be re-routed or to provide a location. When using other technology like a cell phone, these calls route to the Highway Patrol. In California there are 10 divisions of the CHP all over the state that answer these calls on a rotating basis. This means, when using something other than a land line, the caller may be called on to provide their address (it helps to know major cross streets) and not rely on the GPS function on the phone. When time is of the essence, or you are in a situation where you cannot speak or wait to be transferred, the land line can be a life saver. For example, you are home alone and start to choke — call 9-1-1 and open your front door (before passing out). Or, an intruder enters the house — call 9-1-1, put down the phone and hide. In both these cases help will be on its way. If you need to dial a special number to get an outside line put a label on your phone to show how to dial emergency numbers.

Because most people now use cell phones Edwards suggests being prepared to help first responders. For example, enter the direct phone numbers for local law enforcement or fire departments in the

cell phone. These calls will go to the local agency. If stuck dial “0” (zero) — the computer will ask, “what city?” — tell the computer the city and the ask for the police or fire department.



When speaking to a dispatcher it helps to take a deep breath and speak slowly (so you can be understood). Give them what Edward calla the **Readers Digest version** — main things first. When giving addresses, state the numbers one at a time (i.e., nine-four, not ninety-four, which could mean 90-4 or 94). Do not diagnose. Simply give the dispatcher what you can see or relate what you are told.

Edwards reminded us that, if the cell phone will not let you make a call try to text. The text system is different than the voice system. Craig Cox ○

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Rotary Club of Altadena - #7183

Chartered: February 14, 1949
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 Mike Zoeller Youth Projects
 Ray Carlson Vocational
 Tom McCurry Asst. Vocational
 Craig Cox Membership
 Editor, Design & Typesetting Foreman Graphics
 Photography Jacque Foreman

August Membership & Extension Month

Program Chair, Tom McCurry

Aug 07 - Laura Cazares - Dreambuilder Coach
 Aug 14 - Dr. Moe Bushar - Update on Advances in Cardiology
 Aug 21 - Tom McCurry - Medicare Update
 Aug 28 - Dr. Okey - Nigeria Rotary Update

Congratulations



Birthdays



08/02 - Phyllis Merrill
 08/05 - Kevin Moore
 08/08 - Joseph McMullin
 08/10 - Don Applegate
 08/11 - Joy Carlson
 08/14 - Marsha Seyfert
 08/24 - Hal Yorke
 08/27 - Elaine Klock
 08/31 - Bruce Conroy (J. Foreman)



Anniversaries



08/01 - Ed & Phyllis Siza
 08/23 - Gary & Dotty Clark

Multiple Opportunities to Serve the Community



Most people join Rotary because they “want to make a difference.” The good news for our club is that we have multiple opportunities to make a difference in the lives of the people in our community.

Every Saturday evening this summer we support the Concerts in the Park at Farnsworth Park. Mike Zoeller and Ed Jasnow — along with our top notch re-

freshment team of Dave Smith and Sue (and Don) Applegate — help hydrate Altadena with great beer, wine and soft drinks. Rotarians act as security from 6:30p to 9:00p, while getting a chance to enjoy the concert. You can sign up on ClubRunner.

Mike Noll is leading an effort to refurbish a play house and install it at a local youth center. The play house must be disassembled and moved to Smith’s shop. At his shop, it will be cleaned up, painted and prepared for transport. It will then be put

back together for the enjoyment of local children. Noll is looking for helpers – if you are interested, you can contact him at mike@mbnollcpa.com.

Quick Cunningham and Charlie Wilson are preparing to help our local Boy Scouts improve a local campsite in September. They will be setting a date soon. You can assist them in this project by contacting Quick at steve21@earthlink.net.

You get out of Rotary what you put into Rotary. Get involved! ○

Reflections

Continued from p. 1

modern man and their hair was likely to have been red or blond, along with a light skin tone.

- They had rather advanced tools, and built complex housing (one was found with 25 hearths) and boats,
- They communicated by language and ate cooked vegetables along with the meat they obtained through hunting.

So why did they remain at the stone-age level for so long, and why are they now extinct? Actually, homo sapiens sapiens also remained at the stone-age level for 40,000 to 70,000 years, and there are still pockets of stone-age modern humans in the Amazon.

10,000 years ago homo sapiens sapiens had the advantage of a stable climate that allowed them to develop farming, domesticate animals, and be more efficient in feeding themselves. This gave them the leisure to invent more complex tools like the H-bomb and the internet.

Like the dinosaurs of a previous era, there are many theories of why Neanderthals are now extinct. The leading contenders are climate change and/or interaction with humans. Neanderthals required more calories per day, so when food became scarce, homo sapiens sapiens were perhaps better able to cope (40,000 years ago there were two periods of volcanic super-eruptions separated by a few thousand years). Some researchers suggest a scenario of violent conflict and displacement.

Considering what has gone on and

continues to go on between modern humans today, this seems to be quite likely. Finally, some researchers have speculated that Neanderthals were too similar to modern humans, allowing them to interbreed and eventually disappear through genetic absorption.

Whatever the reason, I am fascinated by the fact that the Earth has seen more than one intelligent species. It is too bad our intelligence did not allow us to co-exist.

I would like to shoot the breeze with a Neanderthal. ○

> > **NEXT BOARD MEETING** < <

TUESDAY, August 05, AT 6:15p
260 S. Los Robles, Pasadena
3rd Floor Conference Room



MONEY MATTERS

by Linda Wilkes

Economic Update In The News

Existing home sales rose 2.6 percent in June to a seasonally adjusted annual rate of 5.04 million units. Compared to a year ago, June existing home sales were down 2.3 percent. The inventory of unsold existing homes on the market rose 2.2 percent to 2.3 million in June, a 5.5-month supply at the current sales pace.

The Mortgage Bankers Association said its seasonally adjusted composite index of mortgage applications for the week ending July 18 rose 2.4 percent from the previous week. Purchase volume rose 0.3 percent. Refinancing applications increased 4 percent.

New home sales fell 8.1 percent in June to a seasonally adjusted annual rate of 406,000 units. May's initial reading of 504,000 units was revised to 442,000 units. On a year-over-year basis, new home sales were 11.5 percent lower than June 2013. At the current sales pace, there is a 5.8-month supply of new homes on the market.

Consumer prices rose 0.3 percent in June, following a 0.4 percent increase in May. Compared to a year ago, June consumer prices have risen 2.1 percent. Consumer prices at the core rate — excluding volatile food and energy prices — were up 0.1 percent in June.

Orders for durable goods — items expected to last three or more years — increased \$1.8 billion, or 0.7 percent, to \$239.9 billion in June. This follows a 1 percent decrease in May. Excluding volatile transportation-related goods, June orders posted a monthly increase of 0.8 percent.

Initial claims for unemployment benefits for the week ending July 19 fell by

19,000 to 284,000, the lowest level since February 2006. Continuing claims for the week ending July 12 fell by 8,000 to 2.5 million, a new recovery low. The less volatile four-week average of claims for unemployment benefits was 302,000, the lowest level since May 2007.

Upcoming on the economic calendar are reports on pending home sales on July 28, the home price index on July 29 and construction spending on August 1.

Industry Insider NAR 2014 Report: Investment and Vacation Homebuyers Survey

A recent National Association of REALTORS® report, from data collected in March 2014, revealed many insights in the investment and vacation homebuyers market. Highlights include:

There are 8 million vacation homes and 43.7 million investment homes in the US. That compares to 74.7 million owner-occupied homes.

Sales of vacation homes increased 29.7 percent to 717,000 in 2013 compared to 553,000 in 2012. Vacation-home sales accounted for 13 percent of all real estate transactions in 2013, the highest percentage since 2006.

Sales of investment homes decreased 8.5 percent to 1.1 million in 2013 compared to 1.2 million in 2012. Investment-home sales accounted for 20 percent of all real

estate transactions in 2013, down from 24 percent in 2012.

The median price for a vacation home in 2013 was \$168,700, up 12.5 percent from \$150,000 in 2012. The median price for an investment home in 2013 was \$130,000, up 13 percent from \$115,000 in 2012.

The average vacation homebuyer was 43 years old with a median income of \$85,600. The purchased property was a median distance of 180 miles from the primary residence. And the reasons for purchasing a vacation home included using it as a family retreat (87%), using it as a primary residence in the future (31%), seeing a good investment opportunity or wanting to diversify their investment portfolio (28%) and intending it to be used by a family member, friend or relative (22%).

The average investment homebuyer was 42 years old with a median income of

\$111,400. The purchased property was a median distance of 20 miles from the primary residence.



And the reasons for purchasing an investment home included generating rental income (50%), seeing a good investment opportunity or wanting to diversify their investment portfolio (34%) and the intention that it would be used by a family member, friend or relative (22%).

Find Linda Wilkes on line: <http://www.myprospectmortgage.com/lwilkes>

District Governor Larry Skaggs

Comes to Altadena Rotary

by Dennis Mehringer, Immediate Past President

Prior to our July 24 regular club meeting, the Board of Directors hosted an unofficial premeeting with District Governor Larry Skaggs and his wife Vicki. Also attending was Executive Assistant Governor Emma Hilario. She is the supervisor of all of the Assistant Governors.

In attendance from the Rotary Club of Altadena were President Hal Yorke and his wife Barbara, Vice President Dennis Mehringer, Treasurer Mike Noll, Board Member for International Projects Chair, John Frykenberg and District Vocational Chair, Ray Carlson, and others.

The discussion concentrated on various projects which our club sponsors such

as the Concerts in the Park, beautification of Eliot Middle School, Mini Grants, the four cabins at the Boy Scout camp and the Boy Scout entrepreneurship badge program. Half the meeting was concentrated on ways of increasing membership.

Frykyenberg also discussed his upcoming trip to Nigeria, and described plans to expand Entrepreneurship Training to Tanzania next year and that we hope to assist in the completion of a water well project in Tanzania, which had been left incomplete by another Rotary Club.

District Governor Skaggs announced the combining of TLC and Interact into the same weekend to try to enhance the

participation in TLC. This would reduce the time commitment for the volunteers who are often active in both programs.

The District Governor also emphasized the expansion of the house building program in Corazon, Mexico from one weekend to two. The objective is to build 6 new homes (3 per weekend). Instead of just four in one weekend. So far the number of volunteers has been overwhelming.

The District Conference will be held at Green Valley Ranch in Henderson, Nevada next May. The meeting was adjourned by President Hal at 12:15 PM, and the regular meeting began with Governor Skaggs being the presenter. ○



Winter — Now Summer — Community Project moves Forward Toward Completion

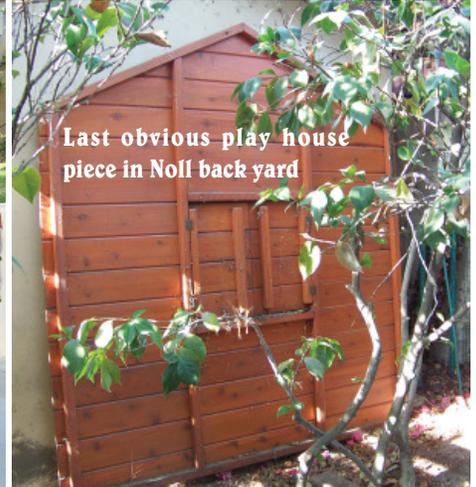
Yes, we really did *move* this project ahead. The play house pieces were transported from Mike Noll's back yard — where they had been sitting for some time — to David Smith's construction company yard. Oh that Mike Noll, Tom McCurry and I could have just wiggled our noses and accomplished this task.

When I arrived about 8:45a, Noll and his friendly, helpful neighbor, Arthur Franco, were carrying pieces of the play house from the back yard to the front of Noll's garage.

Before we could move the play house pieces, they needed to be cleaned of all the dirt and spider webs and leaves. We defi-



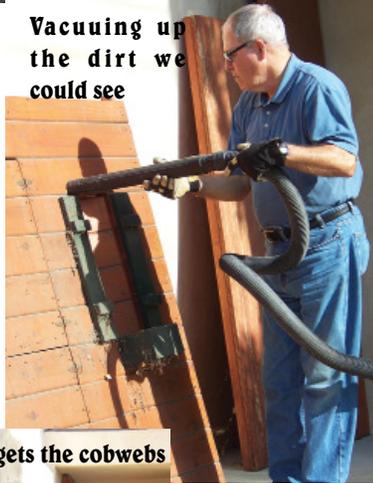
Mike Noll and his friendly, helpful neighbor



Last obvious play house piece in Noll back yard



A not so obvious piece of the play house.



Vacuuuming up the dirt we could see



The condition of the roof leaves a bit to be desired

play house.

There are also a few pictures of McCurry and Noll loading Franco's stake truck at Noll's home and then unloading the truck at David Smith's construction yard.

The next steps involve obtaining the necessary wood to remake the roof and scheduling time for Smith to work

nately wanted to leave Noll spiders at the Noll house.

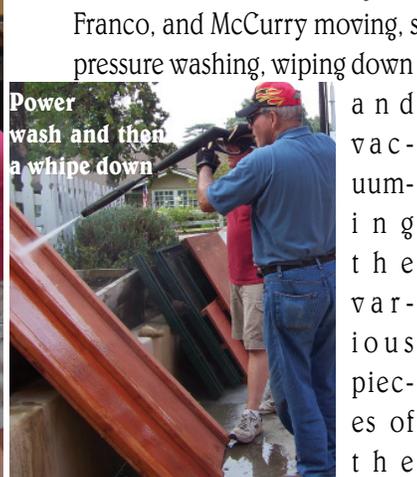
I was there to take pictures, but since only McCurry and I showed up to help, I got to *play* too. If my photos turned out, you will see Noll, his good neighbor



Loading the stake truck



But only sweeping gets the cobwebs



Power wash and then a whipe down



Unloading the truck at Smith's construction yard

his magic with wood and getting people together to help assemble, paint, disassemble, move and reassemble the play house at its final location. ○



All **FREE** Concerts start at 7:00 PM in the Amphitheater at Farnsworth Park.
 568 East Mt. Curve Ave., Altadena, CA 91001 for information: 626-798-6335
 Visit: <http://www.altadenasheriffs.blogspot.com>

18th Annual Summer Concert Series Schedule - 2014

Downbeat Express (Big Band with Jennifer Gates)	Saturday, July 5th
Whiskey Hayride (Country music and much more!)	Saturday, July 12th
Hotsy Totsy Boys (Roarin' 20's)	Saturday, July 19th
Let's Go! (Tribute to the Cars & more)	Saturday, July 26th
Floyd & the Flyboys (R & B, Soul, Funk)	Saturday, August 2nd
Upstream (Reggae, Calypso, Soca & Steel Drum Music)	Saturday, August 9th
Delgado Brothers Band (Americana & Blues)	Saturday, August 16th
The MIGHTY Burnt Bacon (Stax Style Soul Band)	Saturday August 23rd

And... For Our Grand Finale... Saturday, Sept. 6th
Sgt. Pepper in a tribute to the Beatles!
 Presented By: Community Events & SSGA

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