

February 03, 2011

This Week

Mission Africa Julius Johnson & John Frykenberg Program Host: John Frykenberg

Julius Johnson, John Frykenberg and Sarah Philips will update us on the status of Entrepreneurial Training seminars at Federal Polytechnic Universities in Kaduna and Imo States, Nigeria in January 2011.

The threesome presented two 4-day seminars to approximately 1800 students in central and south east Nigeria just prior to start-up of the spring college semester at each institution. 976 students (half Muslim, half Christian) showed up for the credited and certificated seminar in *How to Make a Job* in Kaduna while 800 students showed up in Owerri (Nekede), Imo State (virtually all Christian students).

In both instances, Rotary was well served along with the students who will compete in writing / preparing business plans following the seminars with hopes of winning a lap-top computer (1st, 2nd prizes at each school), plus hands-on mentoring provided by respective University staff, local Rotary Club members and member sponsors of a Rotary International Humanitarian Matching Grant in the

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Hayes Stack The Mid-West West

by President Brian Hayes

I recently occurred to me that, having moved to Southern California from Ohio in 1986, I have now spent the greater part of my life as a Californian rather than a Buckeye. Why, then, don't I feel like a Californian? And what's a Californian supposed to feel like, anyway?

When I was a kid, I thought Southern California was the land of dreams. Who knew as I was watching the Rose Parade on chilly New Year's Day mornings that I would one day live only a few miles from the parade route? It was sunny, people were happy, and I thought this was how people lived every day.

In high school, I began to make Super-8 movies, using stop-motion animation to bring my trolls to life. A dream began to form. I pursued a Bachelor's degree in Radio, TV and Film. After a year in my first job as master control operator at Toledo's cable system, I pack up my belongings (which, at the time, fit into a Volkswagen Rabbit!) and moved to the land of swimming pools and movie stars! OK ... North Hollywood.

I soon discovered that the road to success was littered with abandoned dreams. I worked on two low-budget feature films as a production assistant (or *prod ass* as they called it, which is both an abbrevia-

tion and a job description). I spent a few months as a movie extra, and, if you don't blink, you may see me in a rerun of *St. Elsewhere*.

After two years of struggling and my nest egg spent, I knew I had to get a real job. I ended up as a development assistant for a Pasadena nonprofit. Twenty-two years later, I've made a rewarding career out of raising funds to help others.

So, what does that say about California? Not much, really. Because I've discovered that, in spite of the Gold Line, Pasadena is far, far away from the Hollywood of my dreams. It was only after making my home in Pasadena that I learned that this area was originally known as the Indiana Colony, founded by a bunch of Midwesterners with dreams of their own.

As it turns out, I traveled 2,000 miles to find myself at home.

Greeters

February 03

Theo Clarke

February 10

Craig Cox

February 17

Roger Fennell



Program Review

Constant Need ... Changing Strategy

The Altadena Rotary Club has had a close connection to 5 Acres for many years. Over the years many members have supported the organization. Susan Applegate served on the Board, Mike Noll serves on a committee, and, of course, Regina Bette has been on staff for 30 years. So it was a pleasure to hear from the Director of Philanthropy Cathy Clement to hear about the changing strategy of this important institution.

5 Acres began in 1888 as the Boys and Girls Aid Society of Los Angeles. In 1903 they moved to a 3 story wooden struc-



ture in Pasadena. Due to fire concerns they began looking for property where they could build, and in 1926 found 5 acres in the beautiful community of Altadena. Myron Hunt was hired as the architect, and the building was completed at a cost of \$300,000.

Over the last decade there has been a seismic shift from an orphanage orientation with out-of-home care to community-based services with every attempt made

to keep children in a safe, permanent home. For example: in 2000, 52 percent of 5 Acres' services were for out-of-home care and 48 percent were for community-based services. By 2009, only 11 percent was out-of-home care and 89 percent was community based.

5 Acres now focuses on five areas:

- Child abuse/neglect prevention,
- Foster care/adoption,
- Domestic violence,
- Therapeutic education, and
- Residential treatment.

Each of these has many sub-services. For example, the **child abuse/neglect prevention** efforts include family preservation, therapeutic behavioral, deaf, after care, and *wrap around* (church, coach, close friends) services.

The **foster care/adoption** work now focuses on helping children find a permanent home. In addition efforts are being made to help build strong, permanent connections (people close that the children do not actually live with).

In 2006, the Grace Center approached 5 Acres to see if they would consider team-

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Sparks is published 48 weeks a year and is the official publication of the Rotary Club of Altadena. The deadline for submission of articles is Friday at 6p to current editor email, fax, or delivery.

Rotary Club of Altadena - #7183

Chartered: February 14, 1949

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Meets: Thursday, 12:10p

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TBD Publicity

Jacque Foreman Sparks/Website

Mike Zoeller Service Projects

Ed Jasnow Community

John Frykenberg International

Regina Bette Youth Contests/Awards

Tony Hill Vocational/Youth Projects

John Guerrini Membership

Editor, Design & Typesetting Foreman Graphics

Photography Jacque Foreman

February Programs

World Understanding Month

Program Chair, John Frykenberg

February 03 - Mission Africa

February 10 - 4-Way Speech contest - Kevin

Moore, Guest Host

February 17 - To be Announced

February 24 - Dan Stover Competition -

Theo Clarke, Guest Host

March Programs

Literacy Month

Program Chair, Paul Sirois

March 03 - To be Announced

March 10 - To be Announced

March 17 - To be Announced

March 24 - To be Announced

March 31 - To be Announced

Congratulations



Birthdays



01-03 - Betty Ferris

01-09 - Gloria Hayes

01-14 - Bill Reeder

01-27 - Ann Rider (Hill)

01-27 - Barbara Yorke



Anniversaries

01-03 - Jim & Karen Gorton

01-04 - Mike & Carol Zoeller

01-22 - John & Joan Frykenberg

Chairmen's Corner Investing less than US\$2 a Week though the Foundation changes Lives

by Antoinette Tuscano, Rotary International News - 10 November 2009 - Submitted by Craig Cox, Foundation Chair



Worldwide, Rotary Foundation Matching Grants are saving and changing lives. Since the first Matching Grant was

awarded in 1965, more than US\$335 million has been distributed through more than 30,000 grants.

This is a tremendous achievement for Rotarians, who have made these grants possible through their generous donations to the *Annual Programs Fund*, and dedicated their time and talent to help carry out projects that put *Service Above Self*.

By giving \$100 a year — less than \$2 a week — to the Annual Programs Fund through the *Every Rotarian, Every Year* (EREY) initiative, Rotarians become part of the Foundation's mission to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty.

Here are just a few of the projects made possible through Matching Grants.

Repairing cleft palates

Australian, Dutch, and Indonesian Rotarians have helped repair cleft lips and palates for more than 2,000 children. One of the most common birth defects, clefts can interfere with eating, speaking, and breathing.

Thalca Hamid, an orthodontist from the Rotary Club of Surabaya Central, Surabaya, Indonesia, and two other club members began the project in 2001, arranging patient transportation, educating parents about postoperative care, and providing children with books and toys. Rotarians also recruited local villagers to talk to rural families about the benefits of the surgery.

"The children and their families have

unbelievable pressure and stress because many feel that such defects are a curse," Hamid says. "Previously, few in our community realized how complicated this defect is."

New hope and self-esteem

The *Bitone Center for Disadvantaged Children*, located in Kampala, Uganda, is home to two dozen children ages 8-18. Many are orphans; others have lost their homes or been estranged from their families by disease, war, or economic hardship. The Rotary clubs of Kampala-East and Traverse Bay Sunrise, Michigan, USA, are providing support with help from a Rotary Foundation Matching Grant.

By connecting children to traditional Ugandan dance, music, and theater, as well as providing shelter, food, and education, the center strives to give them new hope and self-esteem.

Without water, there is no life

In many parts of the world, people lack access to clean water, leading to disease and death. More than 3.5 million people die from water-related diseases each year, and more than 40 percent of those deaths are due to diarrhea, which UNICEF

lists as the second-leading childhood killer. *Polio* also spreads through contaminated water.

Rotary club members have helped install 19,000 bio-sand filters, which make water safe to drink, through the Rotarian-led Children's Safe Water Alliance in the Dominican Republic. They've reached an estimated 100,000 people in 300 communities.

For seven years, more than 200 clubs in 18 districts in Canada, the Dominican Republic, the United States, and other Caribbean countries have supported the effort, as has the Foundation, with 30 Matching Grants.

Your contributions to *Every Rotarian, Every Year* help make projects such as these possible.

Editor's Note: Ask Craig Cox — our Foundation Chair — about making your Paul Harris contributions do double duty. You can add to your current Paul Harris and contribute to a matching grant with the same dollars. You want your personal investment dollars to accomplish as much as possible, why not make your Rotary contributions work hard also? I do.

Program

Continued from p.2

ing up on its **domestic violence** program. Everyone thought it was a good fit. The program provides legal advocacy, mental health services and group support.

Therapeutic education helps re-engage kids who have completely given up on schooling ... what Clement called *special special education*. 25 school districts now refer into the program.



Residential treatment is based on the campus or group home. The average stay is 11 months. It includes intense therapy. The goal is to ultimately make it possible for the child to inte-

grate into a family.

The need for dedicated, caring people to support children and families has never been greater. Our community is better because of 5 Acres. *Craig Cox* ☉

Zoo gets a New Address

Smaller Grounds Obtained



Tammi Terrell, center, job coach with Danny's Farm, works with children on Thursday. Danny's Farm has relocated to South Pasadena

The continuing story of Danny's Farm appeared in the Tuesday, January 25, 2011 edition of the Pasadena Star News. The article was written by Adolfo Flores, staff writer, with photographs by Walt Mancini, staff photographer.

SOUTH PASADENA - The space is considerably smaller than the Altadena site the staff at Danny's Farm was used to.

But their mission — empowering adults with disabilities, while providing a fun environment where children with special needs can interact with farm animals — hasn't changed.

Opened in 2007 by former Los Angeles Dodgers pitcher Jim Gott and his wife Cathy, who have two autistic children, the petting zoo has settled into its new digs in the parking lot of the Almansor Center, where three red barns with green roofs stand under a towering tree.

A waist-high fence separates the area, which also has a cage that's home to an extended family of rabbits. While Danny's Farm used to house 35 animals, including donkeys, goats and pigs, at it's Altadena stables, it now has a few rabbits and a friendly helper dog.

The nonprofit facility was forced to move out of Altadena after a neighbor complained about noise and traffic and a county inspection found it out of compliance with zoning regulations.

But Cathy Gott said she prefers to view the move as a "positive."

"Our mission is to employ adults with disabilities — and we're able to continue doing that because of Almansor," she said. "At first, I took it personal — who would want to do this to such a great place? The county did everything they could. They dragged it out as

much as they could.

"It was just heart-breaking, but that's life."

Danny's Farm still employs a nine-person staff of disabled adults who operate the after-school program. That's a crucial component of the program, Gott said, because it offers the staff a chance at self-sufficiency and building social skills.

"When they first started, some of them were so shy and hiding in the corner," she said. "To watch them blossom and grow has been the most meaningful part of all this."

Reynard Franklin, a 21-year-old program assistant, who was busy one recent afternoon helping with the rabbits, admitted he was once extremely introverted but was able to overcome that through



Marcus Love, left, helps Lewis Ash of Altadena hold a rabbit

his job at Danny's Farm.

"I just think everyday how lucky I am to work here. You don't find jobs like this anywhere," he said.

The Gotts created Danny's Farm so that their son Danny Gott, 17, could have a place to work and contribute to society.

"The idea came about as Danny was getting older," Cathy Gott said. "What's he going to do? We wanted to give him something that would give him pride."

The move to a small location hasn't discouraged Danny.

"I enjoy helping the kids," he said, holding a rabbit. "Being here is great. We don't have to be the outcasts anymore."

The loss of the former space just means Danny's Farm needs to get creative in the way it reaches out to autistic children and others with special needs, Cathy said.

And because the Almansor Center also provides services for children with special needs, Cathy Gott said she believes her program has a chance to expand at its new home.

"We might have left where we were before, but we're still a family," said Franklin. "This is the future of Danny's Farm." ○

This Week

Continued from p. 1

amount of \$23,600 which was approved by *The Rotary Foundation* in December, 2010.

Mentoring students following the wildly successful seminars will include hands-on advisories, connections with micro loan providers, assessment of business plans and advice on submission of business plans for a small business startup.

Team members will show slides of recent training seminars and discuss their impressions of Nigeria, prospects for *Making a Job* and general impediments and opportunities available to students graduating from Nigerian institutions of higher learning.

This should be a stimulating program worth of member interest and inquiry on Africa today. ○

The Last Drop by John Guerrini Oven-Roasted Chicken

THE OCCASIONAL MUSINGS OF A ROTARIAN OBSESSED WITH FOOD AND WINE



Fair warning - this is a one hour dish. The prep is perhaps ten minutes but the chicken does take a good 45-50 minutes in the oven. If you have the time, then we've got the recipe. Ready?

The recipe:

- 1 whole chicken, separated into parts (2 breasts, 2 thighs, 2 wings, 2 legs)
- 1 stick butter, slightly softened
- 1 bottle beer, preferably dark or ale
- Dash salt and pepper

The Process

First, lay out the chicken parts onto a grill rack (or on a grill pan), and push the butter under the skin, in sections.



Most of the butter goes under the thigh and breast skin.



Lay out evenly and then dust with salt

and pepper.



Put into a 400-degree F oven for 45 minutes.



After 25 minutes, and for each five minutes thereafter (until 45 minutes), baste the chicken with the juices in the pan.



After 45 minutes, the chicken should look like this.

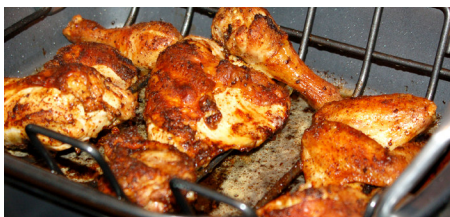


Plate up.



And eat

OK, so first grab a bottle of an amazing wine.



Huh, what's that?



Oh, yes. Here it is.

Tonight, for Nick and me, it is the 2008 Linne Calodo Nemesis, a mid 90s rated wine, that's a crazy blend of 82 percent Syrah, 14 percent Mourvedre, and 4 percent Grenache.

You want ruby?

Say no more ...

If you want sweet blackberry, cassis, charcoal, lavender, graphite, and floral-scented bouquet? This is it. You want tons of fruit? Bordeaux personality? Purity? This is it.

This is a hundred fifty dollar bottle disguised as a fifty buck bottle.

Snag it now while you can!

Until next time ...



MONEY MATTERS

by Linda Wilkes

Last Week in the News

The National Association of Home Builders/Wells Fargo housing market index was unchanged in January at 16. Economists had anticipated a reading of 17. An index reading below 50 indicates negative sentiment about the housing market.

The Mortgage Bankers Association said its seasonally adjusted composite index of mortgage applications for the week ending January 14 rose 5 percent. Refinancing applications increased 7.7 percent. Purchase volume fell 1.9 percent.

The combined construction of new single-family homes and apartments in December fell 4.3 percent to a seasonally adjusted annual rate of 529,000 units.

Single-family starts fell 9 percent. Multi-family starts rose 17.9 percent. Applications for new building permits, seen as an indicator of future activity, rose 16.7 percent to an annual rate of 635,000 units.

Retail sales fell 0.1 percent for the week ending January 15, according to the ICSC-Goldman Sachs index. On a year-over-year basis, retailers saw sales increase 1.4 percent.

Existing home sales rose 12.3 percent in December to a seasonally adjusted annual rate of 5.28 million units from 4.7 million units in November. The inventory of unsold homes on the market declined 4.2 percent to 3.56 million, an 8.1-month supply at the current sales pace, down from a 9.5-month supply in November.

The index of leading economic indicators — designed to forecast economic activity in the next three to six months — rose 1 percent in December, largely due to a boost in building permits.

Initial claims for unemployment benefits fell by 37,000 to 404,000 for the week ending January 15. Continuing claims for the week ending January 8 fell by 26,000 to 3.8 million.

Upcoming on the economic calendar are reports on the housing price index on January 25, new home sales on January 26 and pending home sales on January 27.

Find Linda Wilkes on line: <http://www.myprospectmortgage.com/lwilkes>



ROTARY INTERNATIONAL DISTRICT 5300

16th Annual Peace Conference



KEYNOTE SPEAKER:

The Honorable **Zalmay Khalilzad**, Former United States Ambassador to Afghanistan and the United Nations

"ACHIEVING PEACE IN AFGHANISTAN: Challenges and Opportunities"

Rotarians and Rotary Peace Scholars will join the slate of speakers sharing their experiences in Afghanistan

SATURDAY, MARCH 19, 2011, 8:30 A.M. - 12:30 P.M.

Mudd Theater, Claremont School of Theology
1325 N. College Avenue, Claremont, CA 91711
(on Foothill Blvd., just east of Indian Hill Blvd.)



The Honorable **Lee Baca**, Los Angeles County Sheriff, "Peacemaker of the Year" Award Recipient



The Honorable **Abdullah Aimaque**, Consul General of Afghanistan in Los Angeles



Ms. Sonia Nassery Cole, Filmmaker and Philanthropist; Founder and Chairwoman of Afghanistan World Foundation



Ms. Pamela Broussard, Rotary World Peace Fellow (currently working in Afghanistan)



Mr. Sadiq Tawfiq, Afghan AMITY Society; Founder and First President of the Rotary Club of Herat, Afghanistan



Dr. Art Mendoza, Rotary Club of La Jolla Golden Triangle



Rotary's Humanitarian Projects in Afghanistan -- Powerpoint Presentation Prepared by **Ms. Fary Moini**, Rotary International Representative to the United Nations and **Mr. Steve Brown**, Trustee, The Rotary Foundation



Peace Conference Chair: **Dr. Garbis Der-Yeghian**, Past District Governor



Rotary International District 5300 Governor: **Mr. Roger Schulte**

ADMISSION:

\$20.00 per person

(if registered before March 1, 2011)

\$30.00 per person

(if registered after March 1, 2011, or at the door).

Students: \$5.00

For online registration:

www.district5300.org (only Visa /MC accepted).

Make your check payable to:

Rotary International District 5300 and mail to:

5812 Temple City Boulevard, #801
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