

This Week

Craig Curtis,
Program Director,
KPCC,

*An overview of KPCC
 & NPR*

Craig Curtis will give us an overview of KPCC, Southern California Public Radio (SCPR) and National Public Radio (NPR). How these entities interact and his responsibilities as KPCC Program Director. KPCC is the flagship station of Southern California Public Radio (SCPR). SCPR is a member-supported public radio network that, in addition to KPCC-FM (89.3 in LA and Orange County) it also includes KUOR-FM 89.1 in the Inland Empire and KPCV 90.3 in the Coachella Valley. Together these stations reach 600,000 listeners every week.

The mission of the award winning SCPR is "to strengthen the civic and cultural bonds that unite Southern California's diverse communities by providing the highest quality news and information services through radio and other interactive media. We will be a public forum that engages its audiences in an ongoing dialogue and exploration of issues, events and cultures in the region and in the world, seeking to provide greater understanding and new perspectives to the people of these communities and their leaders."



Hayes Stack

by President Brian Hayes

Convention Thoughts - Part I

Father Marciano "Rocky" Evangelista, a Rotarian and priest from the Philippines who spoke at the 2010 Rotary International Convention, told a story about a group of young people who were complaining to an old man that he couldn't possibly teach them anything. "It's a completely different world," they told him. "Today we have iPhones, video games, the Internet and electric cars." The old man thought for a moment, then said, "Yes, you're right. We *didn't* have those things ... so we *invented* them."

Through his remarks, Evangelista wasn't trying to assert generational superiority. His two points were that today's youth have the potential to be creators of an unimagined future, and today's older adults have much to teach all of us. Through his Tuloy Foundation, Evangelista offers opportunities for Manila street children to turn their lives around. The Foundation rescues abandoned and unwanted children aged 8-18 from Manila's rough streets and provides them with vocational and ethical training that enables them to build productive lives, breaking the cycle of poverty. While proudly serving 700 youth per

year, Evangelista worries about the thousands of young people who will be subject to lives of starvation, prostitution, crime and violence.

While the youth of the Altadena may seem wealthy compared to their Third-World counterparts, they, too, face their own set of challenges. I expect all but a few of our local youth would question what of value their elders might have to offer. They seem a culture unto themselves. They even have their own language (LOL). Yet they still need skills, experience and inspiration to make the right choices that will move them productively to the future before our culture of instant gratification overcomes them. Altadena Rotary has a vault of generosity, business savvy and leadership that it can continue to loan to the youth of our community, confident that

Please turn to Stack, p.3

Greeters

July 15

Theo Clarke

July 22

Craig Cox

July 29

Freddy Figueroa



Program Review

Heroes need Angles, Too

And that was exactly the subject of our speaker last week, Christina Chavez, the Corporate Administrator for a group called *Soldiers Angels*. This group was founded in 2003 by a mother whose son was deployed to Iraq. When he told her that some members of his unit did not receive letters or support from home, she began writing a few extra letters to provide this support. From that humble start, an organization has grown to over 200,000 volunteers using the Internet to assure that their motto is

achieved: "May No Soldier Go Unloved."

Soldiers Angels has become a complete support team for members of the armed forces and their families. They have a number of special projects that focus on providing this support. One of their most successful is the *Adopt-a-Soldier Program*, where the organization matches deployed soldiers with volunteers who support them with letters and care packages throughout their deployment. They have letter writing teams that send between 17,000 to 22,000 letters to deployed soldiers every month. They provide anniversary, birthday, get well cards, etc., to the deployed soldiers and their families. They throw baby showers for the mothers-to-be back home while their husbands are overseas. They provide aid and support for wounded soldiers and their families.

Their project, *Blankets of Hope*, provides handmade blankets to go inside backpacks for wounded soldiers. Their *Operation Top Knot* provides special sup-

port for the children of deployed soldiers. They also send homebaked treats to deployed platoons, companies, and units.

Chavez spoke about Soldiers Angels' partnership with Coffee Bean and Tea Leaf stores, and Borders book stores, to have a portion of any purchase be used to provide support for deployed military personnel. The public can also send letters to military personnel through Dodge/Ram Truck dealerships. They also provide emergency travel assistance. They maintain a large warehouse in North Carolina, where the material to be sent overseas is stored.

A 501(c)(3) corporation headquartered right here in Pasadena, Soldiers Angels has emerged as an organization that provides much needed support for a group of men and women who put their lives on the line so we can live in freedom. Thank goodness for such angels. Ed Jasnow



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July Programs

Program Chair, Tony Hill

July 15 - Craig Curtis, Program Director, KPCC - An overview of KPCC & NPR
 July 22 - Brian Hayes - Experiences at the RI Convention in Montreal, Canada
 July 29 - Tom McCurry & Brian Hayes, Club Runner

August Programs

Program Chair, Alex Matsumura

August 05 - District Governor's visit
 August 12 - To be Announced
 August 19 - To be Announced
 August 26 - To be Announced

Congratulations



Birthdays



07/07 - Carmen Siros
 07/27 - Tony Hill



Anniversaries



07/01 - Bill & Ruth Reeder
 07/04 - David & Rose Steinbacher
 07/15 - Craig & Susan Cox
 07/31 - Paul & Carmin Siros

Chairmen's Under Cover in Rotary Corner

by John Frykenberg, International Chair



International Service — or subversive counter industrial espionage, covert capitalism, subversive human rights and gender equity advocacy, training in morality and human rights, immunization in opposition to community mores, fair trade development at the expense of local market monopolies, bore hole drilling with bribes to cover permitting ... are these jobs for Rotarians?

You bet they are. Rotary does not thrive in oppressive régimes nor can Rotarians look the other way when human trafficking, drug trafficking and conspiracies to undermine political or economic stability or world peace are afoot under the auspices or totalitarian governments. Cognizance is the key.

Just keeping repeating the *Four Way Test; Is it the Truth, Is it Fair to All Concerned, Will it Build Good Will and Better Friendships and Is it Beneficial to All Concerned?*

Some of the best Rotarians I know smuggle Bibles and radios into countries that pretend to be free but in actuality are highly repressive, devoid of opportunity to express ones thoughts or beliefs without repercussion; countries where Rotarians could face possible censure or imprisonment or worse, i.e., the kidnapping of Rotarians in Nigeria just last year. Thankfully, they got out with payment of a ransom.

The *Stoning of Suraya M (movie)* is a good example of the repression and brutal killing of women for their failure to demure under Sharia law. Honor killings, beheadings, starvation in Darfur, murder in Jos, Nigeria are more examples. Man's inhumanity to man from Idi Amin in Uganda to Robert Mugabe in Zimbabwe;

men with arrogance who have all the answers just like Chairman Mao, Castro and Che Guevara ... at the cost of millions of innocent lives stand in opposition to the all we hold sacred. None of these people like Rotary very much.

Free markets in ideas, speech and commodities, even the internet — which is stock and trade for Rotarians everywhere and is at the heart of international relationships in Rotary — poses a real and significant threat to one-world views for the governance of mankind and all totalitarian régimes. The free exchange of ideas, business men and women meeting together in free association for lunch or dinner, trading with each other, exchanging ideas that work is certainly too much for Hezbollah and a myriad of other terrorist organizations.

The difficult challenge for Rotarians everywhere? ... To *'love your enemies'*, reach out in forgiveness and charity to teach, to heal, to inspire, to encourage and work together. Breaking down the

barriers, one relationship at a time is perhaps the best we can do. We don't change minds or values or aspirations. Those we reach out to must do the heavy lifting on their own to learn and to earn. But we as Rotarians can share our vision and a hand up!

International Service in Rotary is not for the faint of heart, the uneasy or the timid. You are sure to have your heart and your pride stepped on along with your creature comforts. So leave your misgivings at home and gather up your passion and your most comfortable shoes and dark glasses to protect you from the shock of customs and ideologies and practices you can scarcely deal with ... and, like members of the *'Peace Corps'*, be prepared to roll up your sleeves, invest, work, contribute and love those who may not love you back ... just to make a difference.

Rotary can give you the privilege and opportunity through International Service!

Form & Line

by Jacque Foreman

Recently I learned a bit of information about the right time to prune apricot, peach and plum trees versus apple trees, for instance.

I found this fascinating. I have been assuming that the correct time to prune our apricot, peach and plum trees is after they lose their leaves ... not true. The best time is right after their fruit gets ripe and has been picked.

Have you noticed that your apricot, peach and/or plum tree flowers and bears on *old wood*? Before the tree loses its leaves, it knows which buds will be flowers/fruit and which will be leaves. So it makes sense to shape them while they

still have a chance to form new wood.

On the other hand, I'm noticing that our apple tree is flowering on new wood. So the apple tree should be pruned after it loses its leaves. Why not write and tell us about some fascinating bit of information you have found?

Stack

Continued from p.1

our investments will compound well into the future. Through Rotary, we can touch the lives of our community's youth in ways that will change their lives ... and ours. (Please note: Videos of the Convention's plenary speakers are available at www.rotary.org.)



MONEY by Linda Wilkes MATTERS

Last Week in the News

The Standard & Poor's/Case-Shiller 20-city housing price index — on a seasonally adjusted basis — rose 0.8 percent in April after a 0.1 percent decline in March.

The consumer confidence index fell to 52.9 in June from a revised 62.7 in May. Economists had anticipated a reading of 62.8. The index was benchmarked at 100 in 1985, a year chosen because it was neither a peak nor a trough in consumer confidence.

The Mortgage Bankers Association said its seasonally adjusted composite index of mortgage applications for the week ending June 25 increased 8.8 percent. Refinancing applications rose 12.6 percent. Purchase volume fell 3.3 percent.

The Institute for Supply Management reported that the monthly composite index of manufacturing activity was 56.2 in June after reaching 59.7 in May. A reading above 50 signals expansion. It was the 11th straight month of expansion.

Total construction spending fell 0.2 percent to \$841.9 billion in May, following a revised 2.3 percent rise in April. Economists had anticipated a steeper drop of 0.5 percent in May.

The National Association of Realtors reported that its pending home sales index, a forward-looking indicator based on signed contracts, fell 30 percent in May after a revised 6 percent increase in April.

Factory orders fell 1.4 percent in May, more than the 0.5 percent decrease economists had anticipated. The drop — the biggest since March 2009 — ended eight straight monthly gains.

Initial claims for unemployment benefits rose by 13,000 to 472,000 for the week ending June 26. Continuing claims for the week ending June 19 rose by 43,000 to 4.62 million. The unemployment rate in June

fell to 9.5 percent from 9.7 percent in May. Upcoming on the economic calendar

are reports on chain store sales on July 7 and wholesale trade on July 9. 

Crown City Dixieland Band to play at the next Sheriff's Free Concert in the Park Series, Saturday, July 17, 2010 *Altadena Rotary One of the Primary Sponsors*

The next concert in the park — Saturday, July 17, will feature the Crown City Dixieland Band. The time is 7 to 9p at Farnsworth Park, 568 E. Mount Curve Avenue, Altadena. Take Lake Avenue north to the end, and you can't miss it.

Crown City Dixieland Band

The Crown City Dixieland Band hails from, and is aptly named after, the City of Pasadena ("Crown of the Valley").

This popular Dixieland band has been providing Wednesday night entertainment for the past quarter century (25 years!) at Pasadena's Burger Continental Restaurant (Lake at California).


Although the band's roots are in hand-clappin' Dixieland music, Crown City has a varied repertoire and is known for adding songs from many different music genres. Don't be surprised if you hear some Cole Porter and Walt Disney mixed in with Louie Armstrong. But whatever the band is playing, it is "Happy Music" that gets the audience moving and involved.

Phil and Carol Andreen are at the heart of the band. Carol, the band's vocalist, was once featured with the Lawrence Welk Band at Disneyland. Carol, whose father grew up in Altadena, is an elementary school teacher. Carol's husband, Phil, who



leads the band on trombone, played with the Mickey Finn Band and Earl "Fatha" Hines. Phil recently retired as Pasadena's Assistant City Attorney.

The Crown City Dixieland Band plays Dixieland festivals (the San Diego Dixieland Festival was started by Phil) and summer concert series throughout Southern California (eg. Pasadena, Arcadia, Alhambra, Sierra Madre, Upland, Laguna Niguel, Rancho Bernardo, Coronado, Desert Hot Springs, Pasadena, Rancho Cucamonga, San Diego and South Pasadena), and enjoys providing sing-a-long gospel services to southland churches.

Described as *One of Southern California's most popular Dixieland bands* by the Society for the Preservation of Dixieland Jazz (SPDJ), perhaps one jazz festival review says it best: "Crown City blows that that Dixieland sound right into your heart." 



by John Frykenberg

The Eagle's Eye

Si vis Pacem, Para bellum - If you would have peace, prepare for war!

It is sobering to reflect that one of the best ways to get yourself a reputation as a dangerous citizen these days is to go about repeating the very phrases which our founding fathers used in the struggle for independence.

Charles Austin Beard

Resistance to sudden violence, for the preservation not only of my person, my limbs, and life, but of my property, is an indisputable right of nature which I have never surrendered to the public by the compact of society, and which perhaps, I could not surrender if I would.

John Adams

A strong body makes a strong mind. As to the species of exercise I advise the gun. While this gives moderate exercise to the body it gives boldness, enterprise and independence to the mind. Let your gun, therefore, be the constant companion of your walks.

Thomas Jefferson

Foolish liberals who are trying to read the Second Amendment out of the Constitution by claiming it's not an individual right or that it's too much of a public safety hazard, don't see the danger in the big picture. They're courting disaster by encouraging others to use the same means to eliminate portions of the Constitution they don't like.

Alan Dershowitz

The defense of one's self, justly called the primary law of nature, is not, nor can it be abrogated by any regulation of municipal law.

James Wilson

be tolerated. No matter the benevolence of the state, one day those liberties, those rights given by the state can as easily be taken away. Only those inalienable rights given by God have proven indefatigable. And only those citizens bearing arms with

Let's of talk these days among City Halls in Chicago, Washington DC and LA about the Supreme Court decision in defense of the 2nd Amendment. "How can we take citizens arms away from them?" some ask. Yet the Court has reiterated our right to bear arms in spite of those so eager to absolve us of that right.

Progressive interpretation of the Constitution as a living document in need of altering to fit current circumstances — including the demands of social justice, equal justice, life, liberty and the pursuit of happiness — have seduced many into a belief that faith and trust in a benevolent government can provide equity and unanimity in an idyllic and Utopian society. America is replete with failed examples from the Shakers to Brook Farm, the Pullman community to Fruitlands, the Fourierists to the Oneida community and the Owenites to the Communist Party of America and the numerous communes and machinations lying between; some harmless and some desperately wicked and complicit in the

deaths and misery of millions.

Our founding fathers understood the dangers in *collective salvation* of society, preferring rather to risk their individual lives, fortunes and sacred honor to defy the arbitrary and selective enforcement of law upon the citizenry to the benefit of a distant and disinterested monarchy. Tyranny as the British monarchy came to be, was no substitute for the self-determination of the free men and women of the colonies.

Tenuous as the eight-year American Revolution was and fragile as the subsequent Constitutional convention turned out to be, and against all odds, the United States was successful in its struggle for freedom, due in part to an armed citizenry.

The imposition of tyranny, even in the immediate years following the Revolution as evidenced by a tax revolt in Massachusetts against the imposition of taxes upon those without means to pay them resulted in Shea's Rebellion, leaders took up arms against the state and were subsequently put down, but not before making the point that taxation without representation would not

the ability to protect themselves have been able to secure and maintain the sanctity of personal freedom. Whether guaranteed by the Magna Carte or Bill of Rights, the right and privilege of bearing arms serves as a last bastion against the possibility and inevitability of the tyranny of the state.

It is said that we have 250 million guns in America today; most in private hands, some in the hands of criminals to the consternation of all. But the vast majority of guns in our gun culture have served our cause of freedom well. Guns serve as our last line of defense against the intruder, the criminal, the tyrant and a government which can as easily enslave as it can free or serve.

Descartes said "*That government governs best which governs least.*" As we see the increasing centralization of power and abrogation of rights of citizens and the failure of government to live up to its basic obligations to defend its citizens, the importance and need for gun ownership continues to grow in our society.

Homemade Pork & Beans



Remember those canned pork & beans you had when you were a kid? Well, we've never really outgrown those. But one look at the ingredients of a typical can of the stuff convinces you that it can't be good for you, right?

So Nick and I came up with a homemade version of the stuff — without all the nasty chemicals and high fructose this and that. And yes, it's easy to make — most of the work is done by the stove as it simmers away. Ready?

Chop up a pound of good smoky bacon. We like the "original country bacon"



from Burgers' Smokehouse. It's mail-order only, but it's the best we've ever had. Fry it up in a large, deep bottomed saucepan until it's almost crisp.



Drain off the grease. Then add ½ a cup of dark brown sugar, 1/3 cup dark molasses, 1 cup ketchup (or is that catsup?), and 1 teaspoon dried, granulated garlic.

Bring to a boil, stirring constantly, which



will create somewhat thick paste.

Chop up 1 cup red



bell pepper, 1 cup white onion, and 2 cups of tomatoes:

Add to



the pan and mix well.

Keep stirring, and keep

the heat on high. Add 2 cups hot water, 3 cans (15 oz each) white beans (drained and



rinsed) and 2 cans (15 oz each) kidney beans (drained and rinsed):

Bring to a boil and then reduce to a simmer, uncovered for at least 20 minutes, until thickened. If you want a thicker, more gooey end product, use a potato masher (or, in a pinch, a thick whisk) to break up at least half of the mixture.



When it reaches the desired thickness, remove from heat and cover and let sit for at least 30 minutes, to let the flavors meld a bit. Then transfer to a serving dish.



Serve with hamburgers and corn on the cob.

Wait – what about salt and pepper, you ask?

We guarantee that no extra salt is needed for this dish. You are free to add some pepper if you like. If you prefer your pork & beans on the sweet side, add more brown sugar. If you prefer less sweet, reduce or delete the brown sugar.

Until next time ...

If you love these articles by John and Nick and want more recipes or some words about wine, look for their website/blog at <<http://www.twoguyswithanappetite.com>>.



All Concerts start at 7:00 PM in the Amphitheater at Farnsworth Park.
 568 East Mt. Curve Ave., Altadena, CA 91001 For information: 626-798-1131
 Visit: <http://www.altadenasheriffs.blogspot.com>

14th Annual Summer Concert Series Schedule - 2010

Elk's #99 Concert Band (Patriotic Music)	Saturday, July 3rd
The Downbeat Express (the Best in Big Bands)	Saturday, July 10th
Crown City Dixieland Band (Dixieland Jazz)	Saturday, July 17th
Melena (Latin Jazz)	Saturday, July 24th
Upstream (Caribbean Music)	Saturday, July 31st
Wreck N Sow (Country, Americana)	Saturday, August 7th
Those Manning Boys & Friends (Irish Song & Dance)	Saturday, August 14th
All American Flyers (Classic Rock 'n Roll)	Saturday, August 28th

And... For Our Grand Finale...
Randy Caputo's Legends Show Band (Swing, baby Swing!) Saturday, Sept. 11th
Presented By: Stage Door Music Productions & SSGA

The Summer Concert Series 2010

Is provided **free of admission** to all members of the community through a participation of funding that comes, in part from the private sector, as well as:

- Warner Bros. Entertainment
- Rotary Club of Altadena
- The Office of Los Angeles County Supervisor, Michael D. Antonovich
- Dickson Podley Realtors Altadena (*Michael Baietti & Linda Seyffert*), Altadena Parks Advisory Committee in Honor of Cumi MacKenzie, Amy's Patio Café & The Coffee Gallery
- Georgia Rutherford, Toyota of Pasadena, Beven & Brock Property Management
- Special hosting is provided by the Altadena Sheriff's Station, County of Los Angeles Department of Parks and Recreation and Farnsworth Park

(Artists subject to change without notice)

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